

Live Healthy, Earn Rewards

BeyondWell™

This program combines wellness activities, goal setting, rewards and more in one place. The result is a truly personalized well-being experience that is tailored to your unique needs.

\$150

amazon



Get started today

Regence members

1. **Log into** your CIS Health Manager at regence.com
2. Scroll down to the programs listed and **select** BeyondWell
3. **Register** and Accept the Terms of Use

Kaiser members

1. **Visit** www.beyondwellhealth.com
2. Select **Log In** from the top right-hand corner
3. **Register** your account your BeyondWell Invitation code is **(CIS)** and accept the Terms of Use



Take your well-being journey with you anywhere, anytime! Download and log into the BeyondWell app once you've created your account and earn \$5!

Earn up to \$150 per year for participating in healthy activities!

Activities with rewards in 2023:

- Connect a device or app
- Verified steps through device
- Personal challenges
- Self-guided programs
- Dental exams
- EAP Webinars
- Flu shot/ Covid-19 vaccine
- Health assessment
- Preventive exam¹
- Regence BabyWiseSM program¹
- Vision exams¹
- Chronic condition coaching¹
- Register with KP.org²
- Cancer Screening²

¹ Regence members only

² Kaiser members only

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