

	Regence		Kaiser
Medical Care			
Deductible	\$1,000 – Individual \$3,000 - Family		\$250 – Individual \$750 - Family
Out-of-Pocket Maximum Per Calendar Year	- Category 1 & 2 - Preferred and Participating Provider \$3,000 – Individual \$7,000 – Family - Category 3 - Non-Preferred Provider \$5,000 – Individual \$11,000 – Family Includes deductible and medical copays but does not include prescription copays		\$2,000 – Individual \$6,000 – Family All Deductible, Copayment, and Coinsurance amounts count toward the Out-of-Pocket Maximum, unless otherwise noted.)
	Category 1 – Preferred	Category 2 – Participating Category 3 – Non-Preferred	
Preventative Care Services (physical, well-baby, etc.)	Categories 1 & 2 – 0% Category 3 – 40%		\$0
Office Visits and Urgent Care	\$5 copay for first 3 visits; then \$20 copay (deductible waived)	40%	\$0 including telehealth Primary Care: \$5 for first 3 visits; additional \$15 Specialty Care: \$25 Urgent Care: \$35
Emergency	20% after \$100 copay (copay waived if admitted)		20% coinsurance after deductible
Laboratory, Radiology, and Diagnostic	\$0 up to first \$400 (deductible waived) then 20%	40%	\$15 per department visit
Maternity Care	20%	40%	Prenatal Care: \$0 Laboratory, x-ray, imagine and special diagnostics: \$15 per department visit Inpatient: 20% coinsurance after deductible
Ambulance	20%		20% coinsurance after deductible
Inpatient and Outpatient Surgery and Surgeon Fees	20%	40%	20% coinsurance after deductible
Inpatient Mental/Behavioral Health and Substance Abuse Disorder	20%	20% - Category 2 40% Category 3	20% coinsurance after deductible
Durable Medical Equipment	20%	40%	20% coinsurance after deductible
Vision Care			
	Administered through VSP		Administered through Kaiser

Routine Eye Exam	\$10 \$20 for exams beyond routine care	18 and under: \$0 19 and older: \$15
Hardware and Optical Services	Prescription Glasses: \$25 • Frame: \$170 - \$190 featured frame brands allowance with 20% savings on amount over allowance • Lenses: Single, Lined Bifocal/Trifocal – included in copay • Contacts: \$166 allowance for exam and contacts Lens Enhancements • Anti-glare, tints, light-reactive, impact-resistant, scratch-resistant, UV - \$0 • Progressive lenses - \$50	18 and under - No charge for eyeglasses or frames or contact lenses every 12 months. 19 and older: Balance after \$150 allowance, once every calendar year
Pharmacy/Medications		
	<i>Administered through Express Scripts</i>	<i>Administered through Kaiser</i>
Out-of-Pocket Calendar Year Maximum	\$2,500 – per person \$7,500 – per family	N/A
Prescription drugs (up to a 30 day supply)	Generic - \$10 copay Preferred - \$40 copay Non-Preferred - \$100 copay Specialty Generic - \$50 copay Specialty Preferred - \$100 copay Specialty Non-Preferred - \$200 copay Compound Medications - \$40 copay	Generic - \$10 copay Preferred - \$20 copy Non-Preferred - \$20 copay Specialty - \$20 copay
Mail Order Prescription drugs (up to a 90 day supply)	Generic, Preferred, Non-Preferred: 2 x Copay Specialty: N/A	2 x Copay
Administered medications, including injections	N/A	Outpatient: \$0 Nurse Treatment Room: \$10
Alternative Care		
	Acupuncture and Chiropractic: No deductible - \$20 Copay – Maximum of 12 visits per calendar year for Acupuncture and 20 visits per calendar year for Chiropractic.	Acupuncture (12 per year): \$20 per visit Chiropractic (12 per year): \$20 per visit Massage (12 per year): \$25 per visit Naturopathic: \$5 first 3 visits, additional visits \$15

This chart is intended for plan comparison purposes only. See full plan summaries for details and plan exclusions.