



# City of McMinnville

PARKS & RECREATION



\*\*\*\*\*EORWSS\*\*\*\*  
RESIDENTIAL CUSTOMER LOCAL

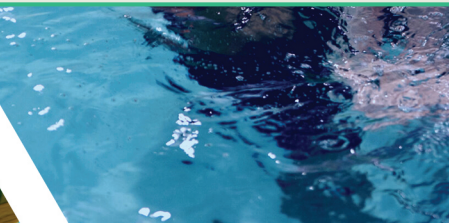


Check out all of our fun activities at:  
[www.mcminnvilleoregon.gov/parksrec](http://www.mcminnvilleoregon.gov/parksrec)



Spring Soccer Deadline, Feb 10 (page 29)

Presort Std  
US Postage  
Paid  
McMinnville OR  
Permit No. 145



## Directors Message

Over the last couple of years, there have been a lot of challenging community conversations about the City's finances, property taxes, fees, and the overall City budget. It's been difficult for everyone, especially those in our community who are challenged to make ends meet.

At this point you may be wondering if you're really reading the Parks and Recreation Activity Guide or minutes of a City Council meeting! Keep reading, because all of the hard conversations about money over the last few years have led us to a place where we can talk about the future of our parks, our library, and our recreation facilities. These core city services define our quality of life in McMinnville, help us build healthy minds and bodies, create community and so much more.



Back in 2020 and 2021, a 20-member community advisory committee, known as "MacPAC" (McMinnville Programming Advisory Committee), helped guide a conversation about the future of our library, aquatic center, community center, and senior center. We followed that up by shifting to engage with our community about our outdoor parks and open spaces more recently. We've learned what you as a community want and we've charted a path to get us there. We know it was frustrating to pause and address the city finances, and we worried we would lose community momentum with the work that we had done. But don't give up on your dreams yet!

MacPAC brought a concept forward to the City Council that was innovative, inclusive, forward thinking, and would help us serve our community with more programming, more diverse days and hours, new, efficient and inclusive spaces and programs across the board. And it's time for us to pick that concept back up and run with it!

Where are we now? We have zeroed in on a location for one new building to replace the aquatic center and community center. In working with our partners at McMinnville Water and Light we are proposing a location across Marsh Drive from the McMinnville Water and Light offices along Riverside Drive. This location is connected to an outdoor space that we already own, the amazing Joe Dancer Park. We will build on the vision it took years ago to create that wonderful park! We know it's a beloved park where hundreds of families gather every week in the spring, summer and fall to play and watch team sports. Not to mention, the opportunity to grow our trail network along the South Yamhill River!

Thank you for your patience, for helping shape our community, for getting through the difficult conversations and for making culture, parks and recreation an important part of our community. Now, let's do this!

We will be posting updates, timelines, opportunities to give input, and information @macparksandrec on Facebook and Instagram. You can also sign up for the city newsletter through [iheartmac.org](http://iheartmac.org) or watch the city webpage [www.mcminnvilleoregon.gov](http://www.mcminnvilleoregon.gov).



# Spring Events

## Spring Break Staycation

**March 25-30**

Aquatic Center  
Community Center  
Library



## Día de los Niños

**Sat, April 27**

Library



## Mac Reads: Shane McCrae

**Tues, April 30**

Linfield Nicholson  
Library



## Forever Young Senior Prom

**Sat, May 18**

Senior Center



## Space Alien Fun Run

**Sat, May 18**

Joe Dancer Park



## Family Fitness Day

**Sat, June 8**

Aquatic Center  
Community Center



For more information about events,  
see pages 18-23 or visit:  
[bit.ly/macspecialevents](http://bit.ly/macspecialevents)

## Table of Contents

<b>CONTACTS &amp; POLICIES</b> .....	<b>4</b>
<b>ADAPTIVE RECREATION</b> .....	<b>7</b>
<b>AQUATICS</b> .....	<b>8</b>
<b>ART/STEM</b> .....	<b>12</b>
<b>FINANCIAL ASSISTANCE PROGRAM</b> .....	<b>13</b>
<b>CAMPS</b> .....	<b>15</b>
<b>CONTINUING EDUCATION</b> .....	<b>16</b>
<b>DAY TRIPS/OVERNIGHT TRAVEL</b> .....	<b>18</b>
<b>EVENTS (BY DATE)</b> .....	<b>18</b>
<b>FITNESS</b> .....	<b>24</b>
<b>PERSONAL SUPPORT/HEALTH SERVICES</b> .....	<b>27</b>
<b>SPORTS/MOVEMENT</b> .....	<b>28</b>
<b>STORYTIME/READING</b> .....	<b>31</b>
<b>TINY TOTS</b> .....	<b>32</b>

## Follow us

Follow @macparksandrec on:



## Online Resources

Register online and get more information about activities.

Scan the code or enter:

[bit.ly/MPRonline](http://bit.ly/MPRonline)

### Registration Dates

Youth Spring Soccer.....	Dec 1-Feb 10
Community Center Activities.....	Feb 15 at 9am
Senior Center Activities.....	Feb 15 at 9am
March Gymnastics and Dance .....	Feb 20 at 9am
Summer Camps.....	Mar 1 at 9am
Youth Baseball/Softball .....	Mar 1-Apr 24
Swim Lessons (Session 1-4) .....	Mar 4 at 7pm
April Gymnastics and Dance .....	Mar 19 at 9am
May Gymnastics & Dance.....	Apr 16 at 9am
Swim Lessons (Session 5) .....	May 20 at 7pm
June Gymnastics & Dance .....	May 21 at 9am
July Gymnastics & Dance .....	Jun 18 at 9am

Register online at [bit.ly/MPRonline](http://bit.ly/MPRonline)!



## AQUATIC CENTER

138 NW Park Drive

[aqoffice@mcminnvilleoregon.gov](mailto:aqoffice@mcminnvilleoregon.gov)

(503)434-7309

**FACILITY CLOSURES:** Mar 23-24, May 27, Jun 1-2, Jun 19

## COMMUNITY CENTER

600 NE Evans Street

[parksusr@mcminnvilleoregon.gov](mailto:parksusr@mcminnvilleoregon.gov)

(503)434-7310

**FACILITY CLOSURES:** Feb 19, May 27, Jun 19

**Facility Hours:** M-Th 9:00a-7:30p; F/Sa 9:00a-3:00p

## SENIOR CENTER

2250 NE McDaniel Lane

[scoffice@mcminnvilleoregon.gov](mailto:scoffice@mcminnvilleoregon.gov)

(503)435-0407

**FACILITY CLOSURES:** Feb 19, May 27, Jun 19

**Facility Hours:** M-Th 9:00a-4:00p

## SPORTS

600 NE Evans Street

[steve.ganzer@mcminnvilleoregon.gov](mailto:steve.ganzer@mcminnvilleoregon.gov)

(503)474-4930

## PARKS

McMinnville has 18 parks located throughout our city and we welcome and encourage visitors to explore and enjoy their many amenities. Parks open one hour before sunrise and close one hour after sunset. Additional rules and reservation information can be found on our web page or by emailing [parksusr@mcminnvilleoregon.gov](mailto:parksusr@mcminnvilleoregon.gov) or calling (503)434-7310.

### PARK RESERVATIONS

For more info about park reservations visit

[www.mcminnvilleoregon.gov/parksrec](http://www.mcminnvilleoregon.gov/parksrec)

Park reservation season is May 1-Oct 1; reservations will be accepted starting Monday, March 4th.

## LIBRARY

225 NW Adams Street

[libref@mcminnvilleoregon.gov](mailto:libref@mcminnvilleoregon.gov)

(503)435-5562

**Facility Closures:** Mar 31, Jun 19

**Facility Hours:** Tu-W 10a-7p, Th-F 10a-6p, Sa-Su 12p-5p

## How to enroll for Parks & Recreation activities



Make a plan—read this activity guide and choose your activities



Make sure your family's info is up to date

- Visit [bit.ly/MPRonline](http://bit.ly/MPRonline) and login to view your info
- Call or visit a Parks and Recreation Facility



Pay attention to registration dates and get familiar with the online registration process

**Register early and help us limit activity cancellations!**

### THANK YOU TO OUR SPONSORS

**American Legion Post 21**

**Braces by Dr. Joe**

**Branch Geary Inc.**

**Eye Care Center of McMinnville**

**Express Employment Professionals**

**Kathleen's Hallmark**

**Mikey's Pizzeria/Retro Pizza Co./ Joysticks Arcade**

**Rapid Response Restoration and Construction LLC**

**Webster Heating & Air Conditioning LLC**

**Willamette Valley Medical Center**

We appreciate all of the businesses and individuals who sponsor McMinnville Parks and Recreation programs!

## Policies & Information

### REGISTRATION POLICIES

- Payment is required at time of registration.
- Enrollment is subject to space availability.
- Activities that do not meet minimum enrollment requirements may be cancelled.
- Information & fees are subject to change without notice.
- Make checks payable to the City of McMinnville.
- Returned checks and declined credit/debit card payments will be assessed a \$25 service charge.

### RESIDENT FEE & NON-RESIDENT FEE

- To qualify for the resident fee, proof of city residency is required at time of registration.
- Because McMinnville Parks and Recreation classes and activities are partially supported by City of McMinnville property taxes, non-residents, those living outside of the McMinnville City limits, will be charged a slightly higher fee as indicated in activity descriptions.

### REFUND POLICY

- A full refund will be issued for any class or activity cancelled by McMinnville Parks and Recreation.
- Unless otherwise stated, all other refund requests must be made in person or in writing at least one week prior to the first day of the class or activity. Refund fees apply.
- For all refunds credited to an individual's Parks and Recreation ActiveNet Account and for refunds credited back to a person's credit card account from which the original program fee was paid, a \$5 refund fee will be applied.
- For refunds by check, a \$10 refund fee applies. Refund checks will be mailed within 4 weeks of the request.
- Be advised that programs such as summer camps and memberships may have different refund policies as stated within the program description online.

### PHOTOGRAPHY, RECORDING & LIABILITY RELEASE STATEMENTS

By enrolling in any activity or attending any event offered by McMinnville Parks and Recreation, the participant or their parent/guardian:

- Grants permission to use photographs and/or video taken during the course of participation in the activities in publications, news releases, online, and in any other communication used for any legitimate purpose by the City of McMinnville.
- Agrees to assume all risk of accident or injuries sustained from whatever cause in connection therewith and release the City of McMinnville and the McMinnville Parks and Recreation Department and their officers, agents, and employees from any and all liability for such accident or injury.



## INCLUSION AND ACCESSIBILITY

Everyone is welcome to attend McMinnville programs and facilities regardless of ability, background, culture, religion, gender, or economic circumstances. Accommodation requests help people experiencing disabilities to get individualized help in accessing McMinnville Parks and Recreation activities. Visit [bit.ly/mprinclusion](https://bit.ly/mprinclusion) to make an accommodations request or contact [parksusr@mcminnvilleoregon.gov](mailto:parksusr@mcminnvilleoregon.gov).

## FINANCIAL ASSISTANCE

McMinnville Parks and Recreation Department understand the importance of recreation to an individual's and communities' well-being. Through our Financial Assistance Program, we strive to remove barriers to participation and ensure that more community members have access to recreation activities. For more information visit [bit.ly/MPRfinancialassistance](https://bit.ly/MPRfinancialassistance) or email [rachel.kaplan@mcminnvilleoregon.gov](mailto:rachel.kaplan@mcminnvilleoregon.gov).

## SPONSORSHIPS

McMinnville Parks and Recreation Department Sponsorship program is designed to market local businesses while making a positive impact on our community! Why should you partner with McMinnville Parks and Recreation?

- Parks and Recreation is at the core of our community.
- Each partnership is unique and our priorities are to provide a mutually beneficial opportunity and create win-win initiatives.
- Support local events.
- On-site and off-site exposure

For more information, contact Katie Noyd at [katie.noyd@mcminnvilleoregon.gov](mailto:katie.noyd@mcminnvilleoregon.gov), or visit [bit.ly/macsponsorship2024](https://bit.ly/macsponsorship2024).



## HEALTH INSURANCE MEMBERSHIPS

McMinnville Parks and Recreation has partnered with Silver & Fit, Silver Sneakers™, and Renew Active to provide programs and membership to those who have the specified health insurance. For more information, contact a Parks and Recreation facility (contact info on pg 4).

## RENEW ACTIVE

Jump-start your quest for better health, body and mind. Staying active is not only good for your body, it's also good for your mind. Renew Active® is a fitness program designed for both, with the goal of helping Medicare members reach fitness goals and stimulate their brains. The program is available with select UnitedHealthcare Medicare Advantage plans and includes a membership at a participating fitness location at no extra cost and online exercises and activities to support brain health.

## SILVER&FIT

Silver&Fit is designed specifically to help older adults achieve better health through regular exercise and health education. Silver&Fit provides eligible members with no-cost or low cost fitness memberships through arrangements with certain health plans. Silver&Fit is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated. Visit Silver&Fit at [SilverandFit.com](https://SilverandFit.com) for more information. Silver&Fit is a federally registered trademark of American Specialty Health Incorporated.

## SILVER SNEAKERS™

The SilverSneakers™ Fitness program is an innovative health, exercise and wellness program helping older adults live healthy, active lifestyles.

- SilverSneakers™ fitness membership benefits:
- Your membership is available to you at little or no cost through your health plan.
- Regular participation in SilverSneakers™ can help you build muscular strength, improve joint mobility and increase cardiovascular endurance, leading to improved health and greater independence.

## Adaptive Recreation

For more info, visit [bit.ly/macadaptive](http://bit.ly/macadaptive)

### MCMINNVILLE ADAPTIVE COMMUNITY

Join us for food, fun, and family activities with others in the adaptive community! RSVP by calling (503) 434-7310 or emailing [parksusr@mcminnvilleoregon.gov](mailto:parksusr@mcminnvilleoregon.gov).

Ages: All Ages Instructor: Parks and Rec Staff and Volunteers

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Mar 15	F	5:30p-6:45p	FREE

### AQUATIC CENTER

Jun 21	F	5:30p-6:45p	FREE
--------	---	-------------	------

### ADAPTIVE SWIM FOR CHILDREN

This swim has been designed to create a welcoming environment while maintaining safety for children with light and noise sensitivity, physical, emotional, behavioral, learning and or other disabilities. An adult is required in the water with all children. Financial assistance is available for this program; see page 5 for more information.

DAYS	TIME	FEE
<b>SMALL POOL</b>		
1st & 3rd Saturdays	3:30p-4:30p	Drop-In/Member

### MY ANGELFISH & ME – AN ADAPTIVE PROGRAM FOR ADULT & CHILD

Designed to help an adult work with a child with a developmental age of up to 6 years to familiarize them with the water and teach basic swimming skills. An instructor will help guide you through this process. This is a drop-in program, no registration required. **Runs concurrently with Adaptive Swim for Children.**

DAYS	TIME	FEE
<b>SMALL POOL</b>		
1st & 3rd Saturdays	3:30p-4:30p	Drop-In/Member

### ADAPTIVE EGG HUNTS!

Check back for more information about our Youth/ Family and Adult Adaptive Egg Hunts! [bit.ly/macadaptive](http://bit.ly/macadaptive)

### ADAPTIVE BASEBALL/SOFTBALL

Practice sessions and games for youth softball/baseball players with disabilities.

Ages: 7-18

Instructor: Staff and volunteers

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Apr 7-May 5	Su	3:15p-4:30p	\$40/50

### ADAPTIVE SWIM FOR ADULTS

This swim has been designed to create a welcoming environment for adults who experience a wide variety of disabilities that make it challenging to enjoy the pool. An adult assistant may be required in the water with the participant. Financial assistance is available for this program; see page 5 for more information.

DAYS	TIME	FEE
<b>SMALL POOL</b>		
1st & 3rd Mondays	1:00p-2:00p	Drop-In/Member

### CRAFT GROUP AT THE MAKERSPACE

Make a craft project or explore your creative side! People of all abilities are welcome!

Ages: All Ages

Instructor: MVA Staff

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Ongoing	Tu	1:00p-2:30p	FREE

### DANCIN', MOVIN', & GROOVIN'

Listen to music, try some new dance moves, and have fun with your friends. People of all abilities are welcome!

Ages: All Ages

Instructor: MVA Staff

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Ongoing	W	2:00p-3:00p	FREE

\*No class on Jun 19





**HEALTH INSURANCE**

(Renew Active, Silver&Fit, and Silver Sneakers™)

Fitness memberships include all drop-in programs such as public, family and lap swims; hot tub, fitness center and classes.

Check out more fitness classes on pages 24-27.

**Aquatics**

We welcome all bodies at the pool. To protect the pool equipment and for swimmer safety, please use swimwear that is clean and lightweight. If you don't have access to swimwear, give us a call and we'll see if we can help.

**AQUATIC CENTER DAY PASS:**

**ONE FEE. ANY PROGRAM OR CLASS. UNLIMITED SAME DAY ADMISSION.**

High School admission requires a valid student ID to use the Fitness Center or Hot Tub. The Fitness Center is not available with Child Admission. A Hand Stamp, available at the front counter, is required for re-admission.

Infant (under 3 yrs.) . . . . .	FREE
Child (3 yrs-8th Grade) . . . . .	\$3.50
Senior (62+) & HS Student . . . . .	\$4.50
Adults (18+) . . . . .	\$5.50

**DISCOUNT DAY PASS: 10 ADMISSIONS**

Child (3 yrs-8th Grade) . . . . .	\$30.00
Senior (62+) & HS Student . . . . .	\$40.00
Adults (18+) . . . . .	\$50.00

**AQUATIC CENTER MEMBERSHIPS:**

**ANY PROGRAM OR CLASS. UNLIMITED RE-ADMISSION. SIGNIFICANT DISCOUNT BASED ON USAGE.**

Membership provides a generous discount on Swimming Lessons, Pro Shop and Pool Rentals. No joining fees. Renewal Discounts Available. The Fitness Center is not available with Child Membership. Inquire at the MAC for additional Terms & Conditions.

<b>SINGLE</b>	<b>3 MONTHS</b>
Child (3 yrs-8th Grade) . . . . .	\$55
Senior (62+) & HS Student . . . . .	\$75
Adult (18+) . . . . .	\$90
Non-Residents . . . . .	+\$10

<b>FAMILY</b>	<b>3 MONTHS</b>
2 or more . . . . .	\$135
Senior . . . . .	\$110
Non-Residents . . . . .	+\$15

\* Family shall be defined as the immediate "parent-child" family unit, including only the parent(s) or legal guardian(s), and their children by birth, marriage, or adoption that live together in the same household. No more than two adults per household. Adult residency must be demonstrated by presenting a current Oregon Driver's License or other official State of Oregon identification.

**FITNESS CENTER**

The fitness center offers a wide variety of machines, free weights, and cardiovascular equipment. There are no attendants on duty, but orientations are available upon request. High School use with valid student ID.

<b>DATES</b>	<b>DAYS</b>	<b>TIME</b>	<b>FEE</b>
<b>FITNESS CENTER</b>			
Ongoing	MWF	5:45a-8:00p	Drop-In/Member
Ongoing	TT	5:45a-7:00p	Drop-In/Member
Ongoing	Sa	10:00a-3:00p	Drop-In/Member

**WATER FITNESS CLASSES**

**PURCHASE A MEMBERSHIP AND ATTEND FITNESS CLASSES WITH NO ADDITIONAL FEE!**

**INDEPENDENT EXERCISE**

Exercise on your own, or with friends!

<b>DATES</b>	<b>DAYS</b>	<b>TIME</b>	<b>FEE</b>
<b>SMALL POOL</b>			
Ongoing	*M-F	5:45a-8:00a	Drop-In/Member
Ongoing	**MWF	12:00p-1:00p	Drop-In/Member
Ongoing	**TT	11:00a-1:00p	Drop-In/Member

\*shares pool with Lap Swim

\*\*shares pool with Family Swim

**LIFEGUARD CERTIFICATION**

Get Lifeguard Certified now!

**Prerequisites:**

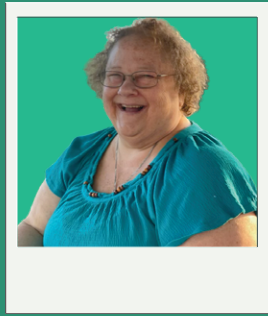
- 15 years of age or older
- Complete a swim-tread-swim sequence without stopping to rest
- Jump into the water, submerge, resurface and swim 150 yards (freestyle, breaststroke or combination on both), tread water for 2 minutes (no hands), and swim 50 yards (freestyle, breaststroke or combination of both)
- Swim a timed event

Contact 503-434-7309 or [bit.ly/macaquatics](http://bit.ly/macaquatics)





# Volunteer Spotlight



Diane Ehnes, a long-time participant in our water fitness program, generously offered her time to teach the Morning Movers water exercise class every weekday morning for the past year and a half after her retirement. "I began volunteering after the Aquatic Center closure due to the Covid pandemic and I wanted to get the Morning Movers class going".

Diane, thank you for your enthusiasm and commitment to senior fitness.

## IMPORTANT SAFETY NOTICE TO PARENTS!

Help us keep your children safe! Parents or a responsible caregiver 16 years of age or older provide an important layer of protection for young, small, and non-swimming children. Please help us keep your child safe by accompanying them in the water unless they are at least 8 years of age. Non-swimming children of any age should be directly supervised by a caregiver. Limit of 2 non-swimmers per caregiver, please. Lifejackets are available free of charge for supervised day use.

## FAMILY SWIM

What better way to spend some fun quality time together than at the pool? An adult is required to be in the water with their children of any age.

DATES	DAYS	TIME	FEE
<b>SMALL POOL</b>			
Ongoing	*MWF	12:00p-1:00p	Drop-In/Member
Ongoing	*TT	11:00a-1:00p	Drop-In/Member
Ongoing	**MWF	5:30p-6:30p	Drop-In/Member
Ongoing	**Sa	11:00a-12:00p	Drop-In/Member

*\*shares pool with Independent Exercise*

*\*\*Families can stay free of charge for the Public Swim session immediately following Family Swim.*

## ROCK N ROLL (ARTHRITIS CLASS)

"We Will, We Will, Rock You!" Gentle exercise in a soothing and physically supportive environment. Perfect for individuals with mild to moderate arthritis. Small pool temperature kept at 85-86 degrees.

DATES	DAYS	TIME	FEE
<b>SMALL POOL</b>			
Ongoing	MWF	11:00a-11:45a	Drop-In/Member

## MORNING MOVERS

Go at your own pace while moving through the pool strengthening and toning all major muscle groups. Light hand weights & resistance equipment are available but not required. Great class, even for the non-swimmers!

DATES	DAYS	TIME	FEE
<b>SMALL POOL</b>			
Ongoing	MWF	8:00a-8:45a	Drop-In/Member

## SPLASH & STRETCH

Work out the kinks and get ready for your day! An engaging, and social, low resistance workout. Instructor is in the water with participants. A portion of the pool is available for Independent Exercisers.

DATES	DAYS	TIME	FEE
<b>SMALL POOL</b>			
Ongoing	TT	8:00a-8:45a	Drop-In/Member

## MAKIN' WAVES

A fun aerobic workout, in deep water, with the use of a flotation belt and hand buoys.

DATES	DAYS	TIME	FEE
<b>BIG POOL</b>			
Ongoing	TT	8:00a-8:45a	Drop-In/Member

## PUBLIC SWIM

Take a break and have some fun at the pool! Children aged 8 and under, and all non-swimming children, must have an adult in the water within arm's reach. Must pass swim test to enter the deep-water end of the big pool, including use of rope swing and diving board.

DATES	DAYS	TIME	FEE
<b>BIG &amp; SMALL POOLS</b>			
Ongoing	MWF	6:30p-8:00p	Drop-In/Member
Ongoing	Sa	12:00p-3:00p	Drop-In/Member

## SWIMSUIT DONATIONS

We are accepting gently used swimsuits to help make the pool more accessible for everyone. You can drop suits off at the aquatic center, community center, or senior center during regular business hours.

### ADAPTIVE SWIM FOR CHILDREN

This swim has been designed to create a welcoming environment while maintaining safety for children with light and noise sensitivity, physical, emotional, behavioral, learning and or other disabilities. An adult is required in the water with all children. Financial assistance is available for this program; see page 5 for more information.

DAYS	TIME	FEE
<b>SMALL POOL</b>		
1st & 3rd Saturdays	3:30p-4:30p	Drop-In/Member

### MY ANGELFISH & ME – AN ADAPTIVE PROGRAM FOR ADULT & CHILD

Designed to help an adult work with a child with a developmental age of up to 6 years to familiarize them with the water and teach basic swimming skills. An instructor will help guide you through this process. This is a drop-in program, no registration required. **Runs concurrently with Adaptive Swim for Children.**

DAYS	TIME	FEE
<b>SMALL POOL</b>		
1st & 3rd Saturdays	3:30p-4:30p	Drop-In/Member

### ADAPTIVE SWIM FOR ADULTS

This swim has been designed to create a welcoming environment for adults who experience a wide variety of disabilities that make it challenging to enjoy the pool. An adult assistant may be required in the water with the participant. Financial assistance is available for this program; see page 5 for more information.

DAYS	TIME	FEE
<b>SMALL POOL</b>		
1st & 3rd Mondays	1:00p-2:00p	Drop-In/Member

### BARRACUDAS (MASTERS WORKOUT)

The Barracudas is an informal group of adults who swim together to increase fitness, strength, and endurance. The Aquatic Center provides self-guided workout sets for your convenience.

DATES	DAYS	TIME	FEE
<b>BIG POOL</b>			
Ongoing	TT	5:45a-7:00a	Drop-In/Member
<i>*Stay for Lap Swim at 7:00a</i>			
Ongoing	Sa	10:00a-11:00a	Drop-In/Member
<i>*Stay for Lap Swim until Noon</i>			



### DROP-IN WATER POLO

Check our website this spring for upcoming days & times:  
[bit.ly/macaquatics](http://bit.ly/macaquatics)

### LAP SWIM

Swimming is one of the most popular recreational activities available. The Aquatic Center is a comfortable place for every size, shape, and fitness level. Independent exercise lane available.

DATES	DAYS	TIME	FEE
<b>BIG POOL</b>			
Ongoing	MWF	5:45a-9:00a	Drop-In/Member
Ongoing	**TT	7:00a-9:00a	Drop-In/Member
Ongoing	M-F	11:00a-1:00p	Drop-In/Member
Ongoing	*Sa	10:00a-12:00p	Drop-In/Member
Ongoing	*MWF	5:30p-6:30p	Drop-In/Member
Ongoing	*TT	6:00p-7:00p	Drop-In/Member
<i>*Limited Lap Swim lanes available</i>			
<i>**Limited Lap Swim lanes available from 8:00-9:00a</i>			

DATES	DAYS	TIME	FEE
<b>SMALL POOL</b>			
Ongoing	*M-F	5:45a-7:30a	Drop-In/Member
<i>*shares pool with Independent Exercise</i>			

### MCMINNVILLE SWIM CLUB

The McMinnville Swim Club is a year-round competitive swim team that trains at the McMinnville Aquatic Center. Our team is open to all youth who are interested and willing to learn how to become a competitive swimmer. If a swimmer can cross the pool without assistance, they are good enough to be on our team. We provide professional coaches who are educated and experienced in competitive swimming. Our coaches have established a safe, fun team atmosphere that is appropriate for swimmers of all skill levels and offers the opportunity to achieve at the very highest levels of competitive swimming. For more information, contact Andrew Jones, Club President, at [president@mcminnvilleswimming.com](mailto:president@mcminnvilleswimming.com) or (871)237-3511. Visit us at: [mcminnvilleswimming.com](http://mcminnvilleswimming.com)

### KAYAKING-OPEN POOL

Bring your kayak and practice skills in our small pool. Water depth is 3'3" to 5'. Check in at the front office. Staging and entry with your boat is on the North side of the Aquatic Center. **This seasonal program ends May 18.**

DATES	DAYS	TIME	FEE
<b>SMALL POOL</b>			
Every 1st & 3rd	Sa	8:45a-10:00a	Drop-In/Member

## LEARN TO SWIM PROGRAM

Our swim lessons are a safe and fun skill-based program. **Due to high demand for swim lessons, we ask that you limit your registrations to 3 sessions.**

Receive a 10% discount when you sign up for 2 or more sets of lessons or if you register 2 or more of your children. Financial Assistance may be available at [bit.ly/MPRfinancialassistance](http://bit.ly/MPRfinancialassistance).

## SKILL LEVELS

Beginner Level classes are kept small to enhance skill development. Intermediate and Advanced class sizes grow as students become more independent and can benefit from the use of swimming drills to enhance their skills and increase strength/endurance.

### Wiggles & Giggles

Recommended for parents and their children, 6 months to 4 years, who wish to orient and familiarize their youngsters to the pool and prepare for swim lessons. Swim diaper required if child is not toilet trained. This is now a drop-in program with no registration required.

### Beginner Level (Minnows are 4-5 years old, Otters are 6 years of age and older)

This class focuses on beginning swimming skills such as submersion, front and back floating, kicking and arm strokes. An emphasis is placed on teaching the student to swim one length of the recreational pool in order to graduate to the Advanced Beginner Level (Stingrays). Children should be mature enough to be without a parent for 30 minutes. Class size averages 4 students per instructor depending on skill level. Four classes per session.

### Advanced Beginner (Stingrays)

This class focuses on swimming skills such as crawl stroke with breathing and backstroke. An emphasis is placed on building strength and endurance to swim two lengths in the competition pool and graduate to the Intermediate & Advanced Level (Dolphins). Class size averages between 4-8 students per instructor. Four classes per session.

### Intermediate & Advanced Level (Dolphins)

This affordable and fun program is designed to develop intermediate to advanced recreational swimming ability & water safety skills. All sessions include skill development, as well as strength and endurance building. Select sessions include personal water safety, boating safety, water polo, introduction to competitive swimming, and a fun relay meet. Students must be able to swim at least 25 yards of crawl stroke and 25 yards of backstroke. A screening test is required. Four, 45-minute classes per session.

## EVENING LESSONS

### Beg & Adv Beg Levels (Minnows, Otters & Stingrays)

DATES	DAYS	TIME	FEE
<b>SMALL POOL</b>			
Apr 2-Apr 11	TT	5:30p, 6:00p or 6:30p	\$40/\$30 Member
Apr 16-Apr 25	TT	5:30p, 6:00p or 6:30p	\$40/\$30 Member
Apr 30-May 9	TT	5:30p, 6:00p or 6:30p	\$40/\$30 Member
May 14-May 23	TT	5:30p, 6:00p or 6:30p	\$40/\$30 Member
May 28-Jun 6	TT	5:30p, 6:00p or 6:30p	\$40/\$30 Member

### Intermediate & Advanced Level (Dolphins)

DATES	DAYS	TIME	FEE
<b>BIG POOL</b>			
Apr 2-Apr 11	TT	5:30p	\$40/\$30 Member
Apr 16-Apr 25	TT	5:30p	\$40/\$30 Member
Apr 30-May 9	TT	5:30p	\$40/\$30 Member
May 14-May 23	TT	5:30p	\$40/\$30 Member
May 28-Jun 6	TT	5:30p	\$40/\$30 Member

## WIGGLES & GIGGLES (DROP-IN SATURDAYS)

Recommended for parents and their children, 6 months to 4 years, who wish to orient and familiarize their youngsters to the pool and prepare for swim lessons. Swim diaper required if child is not toilet trained. Stay for Family Swim at 11:00a with no additional charge. This is a drop-in program, no registration required.

DATES	DAYS	TIME	FEE
<b>SMALL POOL</b>			
Ongoing	Sa	10:30a-11:00a	\$8.00

## PRIVATE & SEMI-PRIVATE LESSONS

Available for all ages and skill levels! **Contact the Aquatic Center for pricing and availability.**

- 30-minute Private Lesson
- 30-minute Semi-Private Lesson (max 2)



## Art/STEM

### MAC MAKERSPACE

Come get creative! The Mac Makerspace is a collaboration between McMinnville Parks and Recreation and the McMinnville Public Library. Makerspace amenities include: Arts & Crafts (paints, fabrics, felt, origami, craft kits, and more); 3-D Building Supplies (LEGOs, K'Nex, Marble Run, and more), and arts and craft how to books. Makerspace is located at the Community Center.

**Makerspace is now open for reservations! Individuals or small groups can reserve a time to make, create, and get crafty all for FREE!** Call (503)434-7310 or email [parksusr@mcminnvilleoregon.gov](mailto:parksusr@mcminnvilleoregon.gov) to reserve your time today!

### YOUTH PAINTING

Get creative and make a fun painting! Parents/guardians welcome to register and attend. **All supplies are included; pre-registration is encouraged.**

Ages: 7-16 yrs.

Instructor: Paint-Fun

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Feb 21	W	6:00p-7:30p	\$30/\$35
Mar 20	W	6:00p-7:30p	\$30/\$35
Apr 17	W	6:00p-7:30p	\$30/\$35
May 15	W	6:00p-7:30p	\$30/\$35
Jun 12	W	6:00p-7:30p	\$30/\$35

### NO SCHOOL FRIDAY LEGOS

Have fun playing with LEGO and DUPLO during this free program. All materials are provided. All creations will remain at the library and will be disassembled at the end of the program. Children 7 and younger must have an adult caregiver with them.

Ages: 3-12 yrs

Instructor: Library Staff

DATES	DAYS	TIME
<b>MCMINNVILLE PUBLIC LIBRARY</b>		
Mar 29	F	2:00p-3:30p
Apr 12	F	2:00p-3:30p



### SPRING BREAK PAINTING CAMP

Stay busy over spring break and create something new to decorate your walls or give to a friend! **All supplies are included; pre-registration is encouraged.**

Ages: 7-16 yrs.

Instructor: Paint-Fun

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Mar 27	W	1:00p-4:00p	\$40/\$48
Mar 28	Th	1:00p-4:00p	\$40/\$48

### KIDS CAN LEARN CURSIVE

In this one-hour course, Amy Brewer will teach kids how to write in cursive using entertaining stories about loopy loops and curly cues. Call the library Children's Desk to register for this free class (503) 435-5559. Space is limited.

Ages: 8+

Instructor: Amy Brewer

DATES	DAYS	TIME
<b>MCMINNVILLE PUBLIC LIBRARY</b>		
Mar 27	W	2:00p

### BALLOON ART

Learn to make balloon animals, bouquets, giant flowers, interactive toys, decorations, and more...all from latex balloons. Students will take all of their creations home. Balloon twisting is an art form, a hobby, and can even become a source of income.

Ages: 12+ yrs.

Instructor: Susan Wain

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Mar 9	Sa	10:00a-12:30p	\$15/\$18

### YES, AND! IMPROVING YOUR LIFE WITH IMPROV COMEDY

Life is unscripted - so you're already an improviser whether or not you realize it. Improv comedy can help increase your confidence, think more creatively, and be a better human... it's also just ridiculously fun! Angela and Christopher have years of experience, training and performing at top improv clubs in Chicago, NYC, and Boston. Come join us to learn a brief history of the art form, become versed in the essentials of improv, and play different games. We will showcase examples along the way and the course will culminate in guided scene work. From the classroom to the boardroom, the FUNdamentals of improv will make everyday interactions more entertaining. No acting, improv, or comedy experience necessary! **Register in advance; space is limited.**

Ages: 16+ yrs. Instructors: Angela Manginelli & Christopher Knapp

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 2-16	Sa	1:00p-4:00p	\$140

**ART ON PORCELAIN: CHINA PAINTING**

Students from beginner through advanced welcome. Instructor will assist new painters with patterns and enhance your talent. In 6 weeks you will have two finished masterpieces. **A supply fee of \$10 will be paid to the instructor in class that covers materials and firing of art work.**

Ages: 21+ yrs.

Instructor: Joy Williams

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
2nd / 4th	Tu	10:00a-2:00p	\$3 Drop-In

**GOURD ARTISTRY**

Master Gourder, Reetsie Fuller and local artists will be on hand each week exchanging ideas and working together creating art out of gourds. No crabs, grumps or grouchies allowed. We are here to have fun! All skill levels and experience welcome.

Ages: 21+ yrs.

Facilitators: Reetsie Fuller, Master Gourder /Cheryl Ray

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Ongoing	Th	10:00a-12:00p	\$3 Drop-In

**WILLAMETTE WATERCOLOR GROUP**

Share work and time with others who enjoy and share an interest in watercolor painting. Bring your own supplies. No specific instruction scheduled, but extensive volunteered opinions. Short critique period for those interested.

Ages: 21+ yrs.

Facilitator: Volunteer

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Ongoing	Tu	9:00a-12:00p	\$3 Drop-In

**ART STUDIO PRACTICE INTRO SESSION**

Join professional artist and teacher Isabelle Truchon as she shares her techniques and her love of employing charcoal, acrylic and watercolor media. Each session will result in an explorative and energizing creative practice with beautiful works you can be proud of. Wear comfortable clothing. All supplies are included. **Register in advance; space is limited.**

Ages: 16+ yrs.

Instructor: Isabelle Truchon

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 6 - 20	W	9:30a-11:00a	\$55

**FINANCIAL ASSISTANCE PROGRAM**

[bit.ly/MPRfinancialassistance](http://bit.ly/MPRfinancialassistance)

**WILL PROVIDE A PORTION OF PROGRAM FEES**



**APPLY AT ANY PARKS AND RECREATION FACILITY OR ONLINE**



**FOR MCMINNVILLE RESIDENTS (non-city residents can apply for swim lessons and youth sports)**



**Youth Scholarships for:**

**SPORTS  
SWIM LESSONS  
SENSORY SWIMS  
REC PROGRAMS**

Limited scholarships for Adults and Family programming

### MACULELES BASS SESSION & STRUMMING CIRCLE

The Maculeles is a once a month group that introduces the culture and music of the ukulele. Join Timark Hamilton at 4pm for a bass session. Or attend the strumming circle at 6:30 for fun and joy while singing and playing together. All are welcome. Bring your own uke or borrow one from the library.

Ages: all ages

Facilitator: Timark Hamilton

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE PUBLIC LIBRARY</b>			
Mar 6	W	4:00p and 6:30p	FREE
Apr 3	W	4:00p and 6:30p	FREE
May 1	W	4:00p and 6:30p	FREE
Jun 5	W	4:00p and 6:30p	FREE

### MACULELES FINGER PICKING

The third Wednesday Maculeles is for finger picking practice! All are welcome. Bring your own uke or borrow one from the library.

Ages: all ages

Facilitator: Chris Poppen

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE PUBLIC LIBRARY</b>			
Mar 20	W	6:00p	FREE
Apr 17	W	6:00p	FREE
May 15	W	6:00p	FREE
Jun 19	W	6:00p	FREE

### DRUMMING CIRCLE

Do you have a drum, hand drum, or African drum? Drumming is good for the soul, therapeutic, meditation, and fun! No experience needed. The instructor has a few extra drums to share in class; rattles, chimes, and wooden clappers also work.

Ages: 16+ yrs.

Instructor: Terry Filer

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 14, 28	Th	1:00p-2:30p	\$1 Drop-In
Apr 11, 25	Th	1:00p-2:30p	\$1 Drop-In
May 9, 23	Th	1:00p-2:30p	\$1 Drop-In
Jun 13, 27	Th	1:00p-2:30p	\$1 Drop-In



### CREATIVE COLLAGE WORKSHOPS

Collage is easy, fun, and creative! Experience the joy of cutting and pasting with others in inventive play. Ideas, examples, and materials will be provided. **Space is limited, email [libref@mcminnvilleoregon.gov](mailto:libref@mcminnvilleoregon.gov) to reserve your spot.**

Ages: 18+

Instructor: Marie Buckley

DATES	DAYS	TIME
<b>MCMINNVILLE PUBLIC LIBRARY</b>		
Mar 16	Sa	2:00p-4:00p
Apr 13	Sa	2:00p-4:00p
May 18	Sa	2:00p-4:00p

### SIP-N-PAINT

Come enjoy some sparkling cider and create a colorful and whimsical 11x14 acrylic painting, with step-by-step instructions. No previous experience required. **All supplies included. Register in advance; space is limited.**

Ages: 21+ yrs.

Instructor: Cindy Allen, Inspirations Art

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Apr 17	W	1:30p-3:30p	\$30
May 15	W	1:30p-3:30p	\$30
Jun 19	W	1:30p-3:30p	\$30

### GLUTEN-FREE COOKIES

Trouble with wheat flour? Gluten got you feeling no good? Learn how to make delicious gluten free cookies plus how to make your own all-purpose gluten free flour blend. Bring a container to take cookies home! **Register in advance; space is limited.**

Ages: 21+ yrs.

Instructor: Shannon Oddo

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 23	Sa	1:00p-3:00p	\$30

### SPICE UP YOUR LIFE

Have you ever wanted to try a new recipe, but didn't want to buy a new ingredient, because you weren't sure you'd use it again? Now you can try it before you buy it! Kits will be available upstairs near the Library of Things. Kits will include a featured spice, recipe suggestions and other information as needed. **Limited number of kits are available - based on first come, first served.**

Ages: Teens and Adults

DATES	DAYS	FEE
<b>MCMINNVILLE PUBLIC LIBRARY</b>		
Apr 7	Su	FREE!
May 5	Su	FREE!
Jun 2	Su	FREE!

### BALANCE YOUR BLOOD SUGAR

An unbalanced blood sugar can lead to a myriad of health issues including chronic inflammation and type 2 diabetes. Join nutritionist Shannon to learn simple strategies to balance your blood sugar. This class also includes preparing and eating a meal together. **Register in advance; space is limited.**

Ages: 21+ yrs. *Instructor: Shannon Oddo*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Apr 16	Tu	5:30p-7:30p	\$30

### SUSHI MAKING

Master the art of making homemade and fresh sushi. Vegetarian options available. **Register in advance; space is limited.**

Ages: 21+ yrs. *Instructor: Shannon Oddo*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
May 14	Tu	5:30p-7:00p	\$30

### OH SNAP! HOW TO TAKE BETTER PHOTOS

No matter if your preferred camera is in your phone, a vintage number, or a digital SLR, this class will showcase ways to make your photographs stronger. The sessions will cover the rules of composition and provide examples for review. All participants will have the opportunity to practice critiquing work with their peers and the instructor. No photography experience necessary. Register in advance; space is limited.

Ages: 16+ yrs. *Instructors: Angela Manginelli*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Jun 4	Tu	5:30p-8:30p	\$28



## Camps

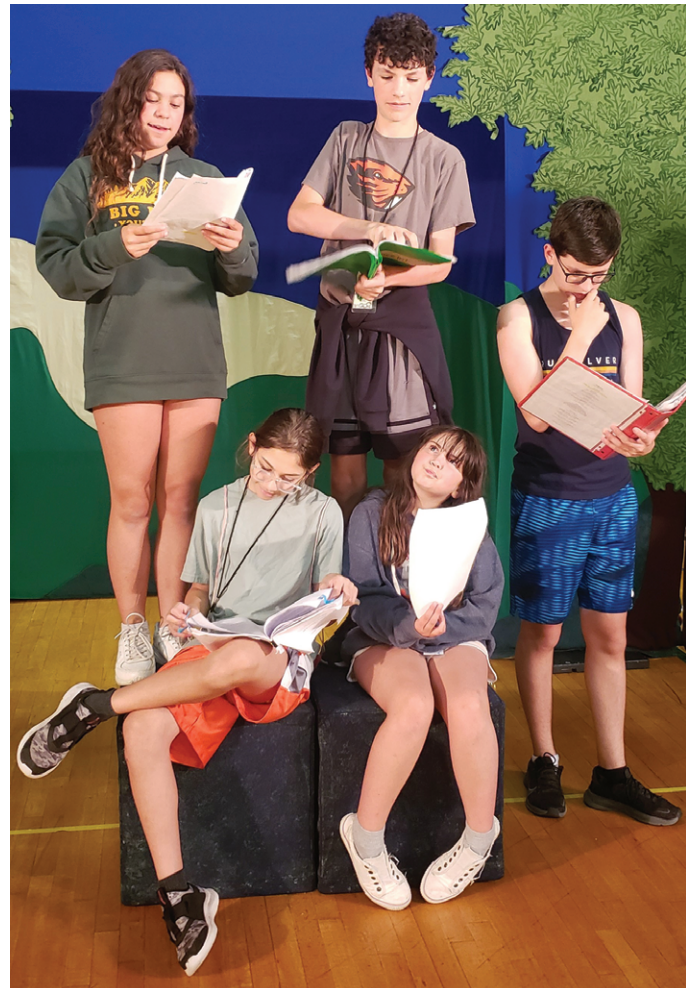
### MARK YOUR CALENDARS!

Check out our upcoming Summer Camps:

[www.mcminnvilleoregon.gov/parksrec](http://www.mcminnvilleoregon.gov/parksrec)

**Registration opens March 1.**

- **Jun 24-28:** Ninja Warrior Parkour Camp (ages 9-14)
- **Jul 8-12:** Youth Painting Camp (ages 7-16)
- **Jul 15-19:** Intro to Wilderness Survival (ages 6-9)
- **Jul 22-26:** Intermediate Wilderness Survival (ages 8-11)
- **Jul 29-Aug 2:** Minecraft Engineering (ages 5-7) and Minecraft Master Engineering (ages 7-12)
- **Aug 5-10:** Missoula Children's Theatre Camp (ages 6\*-16, \*must be entering 1st grade)
- **Aug 12-16:** Youth Painting Camp (ages 7-16)
- **Aug 19-23:** Animal Adventures (ages 5-7) and Bash 'Em Bots (ages 7-12)



## Continuing Education

### MUSIC HISTORY

Study Western European music as it developed from the Renaissance through contemporary trends. You will learn the characteristics of different periods of music including the Renaissance, Baroque, Classical, Romantic, Impressionist, Jazz, and Rock & Roll.

Ages: 13+ yrs.

Instructor: Dana Libonati

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Feb 6-27	Tu	6:00p-7:15p	\$40/\$48

### BEGINNING AMERICAN MAH JONGG

Mah Jongg is a fun and fascinating game played with tiles. You will learn the fundamental components to develop your skills and strategy to play. **Register in advance; space is limited.**

Ages: All

Instructor: Marlene Pryts & Patric McLaughlin

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 5 - 26	Tu	10:30a-11:30a	\$5

### BEGINNING CRIBBAGE

New to cribbage or need a refresher, this class is for you! Each week we will learn the basics of the game, strategies and enthusiastically play what we learned. **Register in advance; space is limited.**

Ages: All

Instructor: Eldon Drake

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 6 - Apr 3	W	10:00a-11:30a	\$5

### HANDS ONLY CPR

In this non-certified class, you will learn a Lifesaving Technique by offering Hands-Only CPR to a person in need. You will also learn the importance of an AED (Automated External Defibrillator), when they are needed, and how to use one.

Ages: 21+ yrs.

Instructor: Nancy Law, McMinnville Fire / Life Safety Volunteer

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 11	M	10:00a-11:30a	\$5
May 13	M	10:00a-11:30a	\$5

## EVERGREEN AVIATION AND SPACE MUSEUM MONTHLY SERIES

### MCMINNVILLE SENIOR CENTER

Ages: 16+ yrs. Presenters: Donn Anderson & John Jennings

#### SPACE'S GAME CHANGING STARSHIP

Elon Musk and SpaceX are continuing to innovate rocket development at a never before seen pace. Their Super Heavy booster rocket, with 33 state of the art Raptor engines, is the most powerful rocket ever built. The Starship second stage will take the largest payloads in history into Earth orbit, to the Moon, and beyond. Find out what makes this completely reusable 400 foot high rocket system SO exciting!

DATES	DAYS	TIME	FEE
Mar 12	Tu	10:00a	FREE

#### ROCKETS, ROCKETS, AND MORE ROCKETS!

*The Development of Rocket Engines from the Beginning of the Space Age.* In order to escape Earth's powerful gravity well, we need rockets. For a rocket to go anywhere, requires a rocket engine. Perfecting the design, construction, and launch of rocket engines has continued to this very day. Come learn about the history of liquid and electrical rocket engines culminating with the active development of the game changing nuclear thermal rocket!

DATES	DAYS	TIME	FEE
Apr 9	Tu	10:00a	FREE

#### VOYAGER 1'S PALE BLUE DOT

*Voyager 1's Perspective Changing Photos: "The Family Portrait".* There are currently FIVE spacecraft either on their way out of our Solar System, or have already left the influence of our Sun. Voyager 1 was the very first to do so. On its way out, *Voyager 1* took a series of photos of 6 of the planets, pictures that have impacted our awareness of our place in space. Come learn about these wonderful pictures and get an update on *Voyager 1* itself, sending data back to Earth for over 46 years!

DATES	DAYS	TIME	FEE
May 14	Tu	10:00a	FREE

#### THE SEARCH FOR LIFE IN THE UNIVERSE

*Within our Own Solar System and from the JWST.* The discoveries concerning the possibilities for life as we know it existing elsewhere in our Solar System, let alone our Universe, are gaining momentum every year. What are some of the recent results from the searching of the incredible James Webb Space Telescope? And what do we plan to investigate with the Europa Clipper Mission to Jupiter's moon?

DATES	DAYS	TIME	FEE
Jun 11	Tu	10:00a	FREE



## I'M RETIRING: WHAT NEXT?

Retirement is one of life's major transitions. Making this transition successfully requires we make informed choices about finances, medical care and housing. Join us for this informative four-part series that looks at the options you have and how to choose those best for you: **Getting your Finances in Order; Medicare and Supplemental Health Insurance; Aging and Medical Care; and Housing: Looking at the Options.**

### HEALTH INSURANCE - MEDICARE

This session reviews the basics of Medicare, supplemental insurance plans and their relationship to each other.

*Ages: 21+ yrs. Presenter: Dianne McGill, SHIBA Coordinator*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Feb 21	W	6:00p-7:00p	FREE

### RETIREMENT & AGING

This session looks at how you maintain good health in retirement and how you deal with significant health issues when they do arise.

*Ages: 21+ yrs. Presenter: Lola Maclean, FNP*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 20	W	6:00p-7:00p	FREE

### HOUSING: LOOKING AT ALL OF THE OPTIONS

During retirement most of us have to make some tough housing choices. Do you stay in present home, downsize to a smaller space or enter a retirement community? This session looks at making a housing choice that works best for you.

*Ages: 21+ yrs. Presenter: TBD*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Apr 17	W	6:00p-7:00p	FREE

## PLANNING YOUR FUTURE

Are you aware that a Medical Advance Directive and POLST (Physicians Orders for Life Sustain Treatment) forms can ensure your medical preferences are respected and followed by your family, provider and care team? Learn the importance of each and when and how you need to complete them. An Advance Directive and a POLST form will help your loved ones know your wishes and ensure emergency medical services and other medical providers follow important decisions during a health crisis. Understanding and properly completing an Advance Directive is the first step towards getting your plans in order. Choose one of the dates below to learn more. **Register early; space is limited.**

*Ages: 21+ yrs. Sponsor: Willamette Valley Medical Center*

DATES	DAYS	TIME	*FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 12	Tu	1:00p-3:00p	FREE
Apr 9	Tu	1:00p-3:00p	FREE
May 14	Tu	1:00p-3:00p	FREE
Jun 11	Tu	1:00p-3:00p	FREE

## TRIVIA TIME

Put on your "smarty pants" and join us for Trivia! We will cover a variety of topics and prizes will be awarded to the person (s) with the most points!

*Ages: 21+*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 14	Th	2:30p - 3:30p	FREE
Apr 11	Th	2:30p - 3:30p	FREE
May 9	Th	2:30p - 3:30p	FREE
Jun 13	Th	2:30p - 3:30p	FREE

## SMART DRIVER COURSE - AARP

A class designed to help sharpen driving skills, prevent crashes, and keep older drivers on the road longer and more safely. Completion of the course could result in a reduction of your insurance premium. **Participants must attend both days. Pre-registration is required by calling (503)435-0407. \*Save \$5 with AARP Membership.**

*Ages: 21+ yrs.*

*Instructor: AARP*

DATES	DAYS	TIME	*FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 25, 26	M/Tu	12:00p-3:30p	\$20*/ \$25
May 20, 21	M/Tu	9:30a-1:00p	\$20*/ \$25



## Day Trips/Overnight Travel

The McMinnville Senior Center is offering 1-day excursions. Call 503-435-0407 for a list of our upcoming trips.

### COLLETTE TOURS

Join Collette for a visual presentation on the wonderful adventures we have planned for 2024 and 2025.

### COLORS OF NEW ENGLAND:

Be charmed by the colors of New England from the heart of historic Boston to the farms, mountains, and coast of the North.

**Tour Dates: September 30-October 7, 2024**

### SPOTLIGHT ON TUSCANY

Discover the rolling hills of Tuscany, home to sprawling vineyards, charming medieval hill towns, and enchanting cities.

**Tour Dates: April 9 – 17, 2025**

Ages: 21+ yrs.

Presenter: Andy Boone, Collette Travel

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 7	Th	5:30-7:00p	FREE



## Events Calendar (by Date)

### Mark your calendar for these events!

Events details also included on the following pages. Check out all City of McMinnville events online at [mcminnvilleoregon.gov/calendar](http://mcminnvilleoregon.gov/calendar).

Mar 2	Kid's Night Out
Mar 5	Let's Get Baked...Again
Mar 8	Music, Mingle & Mocktails
Mar 9	Book Sale
Mar 9	Tween Hangout
Mar 13	Book Discussion Group @ SC
Mar 14	Poetry Night
Mar 15	Bingo Bash
Mar 16	Read to a Dog
Mar 19	Oregon Book Awards Author Talk
Mar 25-30	Spring Break Staycation
Mar 26	Social Awareness Book Group
Mar 26	Cheese, Cheese, and Yes, More Cheese
Apr 5	Spring Fling
Apr 12	Music, Mingle & Mocktails
Apr 13	Tween Hangout
Apr 20	Kid's Night Out
Apr 23	It's a Wrap Lunch
Apr 25	Cascadia Field Guide Poetry Celebration
Apr 27	Día de los Niños
Apr 30	Author Event: Shane McCrae
May 4	Cinco de Mayo Bingo Bash
May 10	Mother's Day Tea
May 11	Book Sale
May 11	Tween Hangout
May 18	Space Alien Fun Run
May 18	UFOFest Kids Adventure Run
May 18	Forever Young-Senior Prom
May 21	U.S. of Yay Memorial Day Lunch
June 4	Author Event: Nichols Kristof
June 8	Family Health and Fitness Day
June 14	Father's Day Brunch
June 21	Greathouse of Music
June 25	Nice to Meet You Meatloaf Lunch

**Stay tuned for Summer Fun activities kicking off on June 21!**

## Events (by Date)

### LUNAR NEW YEAR

Celebrate and learn about Lunar New Year with the Asian Heritage Association and the City of McMinnville. Enjoy seeing Chinese Lion Dancers, arts & crafts, Asian food vendors, face painting, cultural presentations, and more! **Event is free but food and variety of items will be available for sale.**

*Ages: All ages*

DATE	DAY	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Feb 18	Su	11:00a-6:00p	FREE

### TEEN ART SHOW MEET & GREET

Interested in sharing your art with our community? This is the art show for you! Art submissions must be submitted between Feb 12-16. Art submissions will be displayed at the Wortman Park Art Gallery located at the Senior Center from February 26-March 28. Artists will also have the opportunity to discuss their work at the artist Meet and Greet event on February 24 from 1:00-2:30p.

*Ages: Middle School and High School aged Teens*

DATE	DAY	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Feb 24	Sa	1:00p-2:30p	FREE

### BUNCO

Join us for an afternoon of fun playing an easy-to-learn dice game where you laugh and scream BUNCO! Prizes will be given out the 1st Wednesday of every month.

*Ages: 21+*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Ongoing	W	2:00p - 4:00p	FREE



### WORTMAN PARK ART GALLERY

Located within the McMinnville Senior Center, the Wortman Park Art Gallery is a space created to showcase the work of local artists, to encourage local artists with recognition and community support, and to provide an aesthetically pleasing and artistic environment for Center users and the general public. Interested artists should contact Erin Guinn at the McMinnville Senior Center (503)474-4965.

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Ongoing	M-Th	9:00a-4:00p	FREE

#### Featured Artists

- **March:** Teen Art Show
- **April:** Tricia Wentle
- **May/June:** Angela Manginelli

### KID'S NIGHT OUT

Our talented staff will keep your kids active and entertained at the Community Center. We will have games, activities, crafts, and movies. Pizza and drinks will be provided. **Pre-registration is required; discount for siblings.**

*Ages: 5-10 yrs.*

*Instructor: Parks and Recreation Staff*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Mar 2	Sa	4:30p-8:00p	\$18/\$22
Apr 20	Sa	4:30p-8:00p	\$18/\$22

### LET'S GET BAKED...AGAIN!

This was so much fun last year, we thought we'd do it again! You will get a big Russet potato with your choice of chili, cheese, chives, bacon, onions, sour cream and butter. We will have coleslaw as a side and a surprise dessert! **Sign-up and pre-pay at the Friends' Kiosk by March 4th.**

*Ages: 21+yrs.*

*Hosts: Friends of the McMinnville Senior Center*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 5	Tu	12:00p - 1:30p	\$5

### MUSIC, MINGLE & MOCKTAILS

It's time for Happy Hour! There will be live Music performed by local musicians, mingling and heavy hors d'oeuvres accompanied with signature mocktails. **Register in advance; space is limited.**

*Ages: All*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 8	F	3:00p-5:00p	\$5
Apr 12	F	3:00p-5:00p	\$5

### TWEEN HANGOUT

Tweens, grades 3rd-5th, can come hang out, play games, and socialize. Each month will have a different activity.

Ages: 3rd-5th grade Instructor: Parks and Recreation Staff

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Mar 9	Sa	1:30p-3:00p	\$2
Apr 13	Sa	1:30p-3:00p	\$2
May 11	Sa	1:30p-3:00p	\$2

### LIBRARY BOOK SALE

Purchase books, CDs, and DVDs at a low price to support the Friends of the Library. Book sales occur on the second Saturday of odd-numbered months. Book donations are currently accepted on Tuesdays 12:30p-1:30p.

Ages: All Ages

DATES	DAYS	TIME
<b>MCMINNVILLE PUBLIC LIBRARY</b>		
Mar 9	Sa	9:00a-1:00p
May 11	Sa	9:00a-1:00p

### BINGO BASH

It's that time again and because you want it so badly, it's time to Bingo! The buy-in is \$20 and that will get you three boards and 25 games of Bingo! Prizes are all cash and will range from \$5 to \$100! No need to bring your daubers but don't forget your lucky Bingo charms! We will also have a 50/50 raffle! Remember, all proceeds go to the Friends to help continue to make our Senior Center the best it can be! Water and snacks provided.

Ages: 21+yrs. Hosts: Friends of the McMinnville Senior Center

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 15	F	1:00p – 4:00p	\$20

### OREGON BOOK AWARDS AUTHOR TALK

Enjoy this free author talk featuring two winners from this year's Oregon Book Awards. Sindya Bhanoo is the **winner of the Ken Kesey Award for Fiction** and wrote *Seeking Fortune Elsewhere*. Casey Parks is the **winner of the Sarah Winnemucca Award in Creative Nonfiction** and wrote *Diary of a Misfit: A Memoir and a Mystery*.

Ages: Teens and Adults

DATE	DAY	TIME
<b>LINFIELD NICHOLSON LIBRARY</b>		
Mar 19	Tu	TBD

### SPRING BREAK STAYCATION

Get set to “flamingle” with us and make this Spring Break unforgettable with our Staycation! Activities to take place at the McMinnville Aquatic Center, Community Center, and Public Library.

Ages: For Kids & Families

DATE	DAYS
<b>MULTIPLE LOCATIONS (SEE ABOVE)</b>	
March 25-30	Monday-Saturday

### CHEESE, CHEESE AND YES, MORE CHEESE!

Who doesn't hanker for Macaroni and Cheese every once in a while, or even every day? We aim to please with a generous serving of mac and cheese laced with tasty smoked ham and a bread crumb crust. We will also have steamed broccoli (just to make you feel better about yourself) and cheesy cheddar biscuits! If you survive all that, you also get a chewy gooey brownie for dessert! **Sign-up and pre-pay at the Friends' Kiosk by March 25th.**

Ages: 21+yrs. Hosts: Friends of the McMinnville Senior Center

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 26	Tu	12:00p – 1:30p	\$5

### SPRING FLING

It's time for our 2nd Annual Spring Fling luncheon! We will be serving a generous slice of Carlton Farms ham, fresh asparagus with Parmesan cheese, scratch made Au Gratin potatoes, bread and for dessert, lemon meringue or apple pie! We will have a surprise guest and a 50/50 Raffle. **Sign-up and pre-pay at the Friends' Kiosk by April 2nd.**

Ages: 21+yrs. Hosts: Friends of the McMinnville Senior Center

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Apr 5	F	1:00p – 2:30p	\$10

### IT'S A WRAP LUNCH

How about a tasty turkey or bodacious roast beef wrap with lettuce, cheddar cheese, mayo, mustard, horseradish, dried cranberry on your choice of spinach or plain wraps. Made to order and accompanied by potato salad and fruit. **Sign-up and pre-pay at the Friends' Kiosk by April 18th.**

Ages: 21+yrs. Hosts: Friends of the McMinnville Senior Center

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Apr 23	Tu	12:00p – 1:00p	\$5



# Community Wellness Fair

Saturday, April 13th  
2p-4p

McMinnville Community Center



- Kids Activities
- Raffle Prizes
- Swag Bags

[www.snackprogram.org](http://www.snackprogram.org)

## CASCADIA FIELD GUIDE POETRY CELEBRATION

Join us for an evening of poetry and celebration, as several Oregon contributors, including local Yamhill County poets, share poems and writings from the collection Cascadia Field Guide: Art, Ecology, Poetry learning about fascinating creatures and plants living in “Cascadia” (Alaska to California, land and ocean).

*Ages: Teens and Adults*

DATE	DAY	TIME
<b>MCMINNVILLE PUBLIC LIBRARY</b>		
Apr 25	Th	6:00p

## DÍA DE LOS NIÑOS

Día de Los Niños- translated to Children’s Day- is an annual library tradition celebrating the languages of the community. The festivities will include a Spanish-English bilingual storytime, book giveaway, resource fair, and activities for the whole family.

*Ages: For Kids & Families*

DATE	DAY	START TIME
<b>MCMINNVILLE PUBLIC LIBRARY</b>		
Apr 27	Sa	1:00p


# FRIDAY NIGHT OUT

## FOR TEENS

Must be current Middle or High Schooler

Hosted by Parks and Rec and Library staff

Visit [bit.ly/macteenevents](http://bit.ly/macteenevents) for more details or call 503-434-7310.



EVENT	DATES/TIME/LOCATION	FEE
Gaming Night	April 5, 6:30-8:30pm, Lib	FREE
Swim Night	April 12, 8-9:30pm, AC	\$2
Mario Kart IRL	April 19, 7:30-9pm, CC	\$2
Gaming Night*	April 26, 6:30-8:30pm, Lib	FREE
Bonus Swim*	April 26, 8-9pm, AC	\$2*
Gaming Night	May 3, 6:30-8:30pm, Lib	FREE
Swim Night	May 10, 8-9:30pm, AC	\$2
Scavenger Hunt	May 17, 7:30-9pm, CC	\$2
Gaming Night*	May 24, 6:30-8:30pm, Lib	FREE
Bonus Swim*	May 24, 8-9pm, AC	\$2*
Gaming Night	June 7, 6:30-8:30pm, Lib	FREE
Swim Night	June 14, 8-9:30pm, AC	\$2
Dodgeball	June 21, 7:30-9pm, CC	\$2
Gaming Night*	June 28, 6:30-8:30pm, Lib	FREE
Bonus Swim*	June 28, 8-9pm, AC	\$2*

*\*If you attend Gaming Night at the Library, pick up a wristband to get into the Aquatic Center for FREE on the same night from 8:00-9:00pm. All other teens get in for \$2*



AC: Aquatic Center, CC: Community Center, LIB: Public Library



### MAC READS: SHANE MCCRAE

Shane McCrae presents his memoir, *Pulling the Chariot of the Sun: A Memoir of a Kidnapping*. Award-winning poet and Linfield graduate, McCrae's book tells the story of being kidnapped from his black father and raised by his white supremacist grandparents.

Ages: Adults

DATE	DAY	TIME
<b>LINFIELD NICHOLSON LIBRARY</b>		
Apr 30	Tu	5:30pm

### CINCO DE MAYO BINGO BASH

Let's celebrate with chicken enchiladas before we dive into the serious business of winning money at bingo! We will also have chips, salsa and guacamole and churros for dessert. Doors will open at 11:30 for lunch, bingo will begin at 1 pm. Lunch will be \$5 per person, bingo buy-in is \$20 for 3 reusable hard cards. All cash prizes. **Sign-up and pre-pay at the Friends' Kiosk by May 1st.**

Ages: 21+yrs. Hosts: Friends of the McMinnville Senior Center

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
May 4	S	11:30a - 4:30p	\$5 / \$20

### MOTHER'S DAY TEA

Come celebrate all the mothers out there with an afternoon of tea and tasty tidbits. We will serve two varieties of tea, sweet and savory scones, a selection of small sandwiches followed by several dainty desserts! **Sign-up and pre-pay at the Friends' Kiosk, Space is limited.**

Ages: 21+yrs. Hosts: Friends of the McMinnville Senior Center

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
May 10	F	2:00p - 3:30p	\$15

### SPACE ALIEN FUN RUN

Did you hear that boom...was it an alien ship crashing or was it something else mysterious? Aliens have been sighted in Joe Dancer Park so get your costumes and running shoes ready; you can choose to blend in with the aliens or be an outer space warrior for a chance to win the Costume Contest! This year, we will be giving away finisher medals and all participants will be entered into a raffle for prizes. Costume Contest will be at 9:45 am; prizes for best kids costume, individual costume, and group costume (2-5 people and 6+ people).

Ages: All ages

DATES	DAYS	TIME	FEE
<b>JOE DANCER PARK (BY SKATEPARK)</b>			
May 18	Sa	8:30a	\$30/\$35

### UFOFEST KIDS ADVENTURE RUN

Our outer space friends have descended upon McMinnville again! Kids will run through Joe Dancer Park, completing outer space missions, and receiving alien swag.

Ages: All ages

DATES	DAYS	TIME	FEE
<b>JOE DANCER PARK (BY SKATEPARK)</b>			
May 18	Sa	10:00a	FREE

### FOREVER YOUNG-SENIOR PROM

- Saturday, May 18, 6:00p-8:00p
- Ages 21+, \$10

Prom is an exciting and memorable event! Join us for an evening filled with music, scrumptious appetizers and having fun while celebrating being Forever Young.

**Purchase your ticket in advance; space is limited.**

### U.S. OF YAY MEMORIAL DAY LUNCH

The unofficial start of summer should begin with a great lunch, so let's do just that! How about a juicy hot dog with all the trimmings, macaroni salad, broccoli salad, pink lemonade and a variety of cookies and brownies! **Sign-up and pre-pay at the Friends' Kiosk by May 16.**

Ages: 21+yrs. Hosts: Friends of the McMinnville Senior Center

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
May 21	Tu	12:00p - 1:00p	\$5

### MAC READS: NICHOLAS KRISTOF

Yamhill County raised, New York Times columnist, Pulitzer Prize winner, and best-selling author Nicholas D. Kristof, presents *Chasing Hope: A Reporter's Life*, an intimate and gripping memoir about a life in journalism.

Ages: Adults

DATE	DAY	TIME
<b>MCMINNVILLE COMMUNITY CENTER</b>		
Jun 4	Tu	6:30pm

### NATIONAL OLDER AMERICANS MONTH

**May is National Older Americans Month!** Stop by the Aquatic Center, Community Center and Senior Center to see all of the fun activities we have planned.

### FAMILY HEALTH AND FITNESS DAY

Celebrate Family Health and Fitness Day with McMinnville Parks and Recreation...try a fun fitness class, work your way through our obstacle course, take a tour of our buildings and have some fun! Raffles, snacks, and more!

*Ages: All ages*

DATES	DAYS	FEE
<b>MCMINNVILLE COMMUNITY CENTER &amp; AQUATIC CENTER</b>		
Jun 8	Sa	FREE

### FATHER'S DAY BRUNCH

We celebrated our mothers and now it's Dad's turn! We will have a savory bacon and egg crustless quiche, a variety of breakfast meats, cinnamon rolls, muffins, breakfast casseroles, fruit, coffee cake and juices. **Sign-up and pre-pay at the Friends' Kiosk by June 11.**

*Ages: 21+yrs. Hosts: Friends of the McMinnville Senior Center*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Jun 14	F	10:30a - 12:00p	\$5

### GREATHOUSE OF MUSIC

Mark and Helena Greathouse, an international musical performing duo, present their one-hour performance, *You Do Speak English, Don't You?*, a family friendly, lively cabaret style variety show. The show is basically a love story of how the two met in Europe, eventually married, and moved to Mark's native Oregon, where they live today. A Q&A session follows the performance, with Helena sharing what her life was like growing behind the Iron Curtain and making it to the West. The show features Mark's own songs, Czech folk songs, as well as several familiar songs. This event also includes short, humorous dialogues highlighting challenges Helena and Mark have experienced in their lives as a Czech-American couple.

*Ages: All*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Jun 21	F	1:30p-2:30p	FREE

### NICE TO MEAT YOU MEATLOAF LUNCH

We will serve you a generous slice of meatloaf with mashed potatoes and beef and mushroom gravy, roasted Parmesan-Garlic carrots and baked apple tarts with vanilla ice cream. **Sign-up and pre-pay at the Friends' Kiosk by June 11.**

*Ages: 21+yrs. Hosts: Friends of the McMinnville Senior Center*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Jun 25	Tu	12:00p - 1:00p	\$5

### WEEKLY CRAFTS & GAMES

Friends of the McMinnville Senior Center (FMSC) sponsored crafts & games meet every week (unless noted). Call the McMinnville Senior Center at (503) 435-0407 for specific game fees and rules.

GAME	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Woodcarvers	M	9:00a-11:00a	FREE
Cribbage (Int/Adv)	M	1:00p-3:30p	BUY IN
Oh Heck!	M	1:00p-3:00p	FREE
Crafting	M	2:00p-3:30p	FREE
Poker	Tu	12:30p-3:30p	BUY IN
Quilters	Tu	1:00p-3:30p	FREE
Mexican Train	Tu	1:00p-3:30p	BUY IN
Cribbage	W	1:00p-3:30p	BUY IN
Mah-Jongg	Th	9:30a-12:00p	BUY IN
Bingo	Th	1:00p-3:00p	BUY IN
Pinochle	Th	1:00p-3:30p	BUY IN



## Fitness

### ACTIVE LIVING YOGA

Active Living Yoga will unlock your body to move well on your mat and in your daily life. Integrates breathwork with gently dynamic stretching to create improved mobility. Incorporates intentional yoga poses designed to increase strength for balance and better posture. Perfect for those new to yoga and those looking for a progressive challenge in their practice.

Ages: 21+ yrs.

Instructor: Antigone Allena

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Ongoing	W	9:15a-10:15a	\$7 Drop-In
*No Class Jun 19			

### BALLROOM DANCING

Dance instructors, Janina & Harold Loder will be offering three different Ballroom Dance classes for beginners; **Jive**, **Single Swing** and the **Slow Two Step**. Each class is designed with easy progression for you and your partner (required). Janina and Harold are members of the *International Round Dance Teachers Association* with many years of dance and teaching experience. **Register early; space is limited.**

#### ~ JIVE

Energetic and lively rhythm danced to the music of Rock and Roll of 60's.

Ages: 21+ yrs.

Facilitator: Janina & Harold Loder

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Apr 3 – May 1	W	6:30p-7:30p	\$65 per person
*No class Apr 17			

#### ~ SINGLE SWING

Single Swing is danced to moderate tempo of jazz and blues music of "swing era".

Ages: 21+ yrs.

Facilitator: Janina & Harold Loder

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
May 8-29	W	6:30p-7:30p	\$65 per person

#### ~ SLOW TWO STEP

Slow Two Step is smooth rhythm danced commonly in night clubs.

Ages: 21+ yrs.

Facilitator: Janina & Harold Loder

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Jun 5-26	W	6:30p-7:30p	\$65 per person

## FITNESS PASS

Purchase a fitness pass and attend classes at both the Senior Center and Community Center. Classes included in the pass: Fun & Fit, Strong & Fit, Cardio & Fit, Active Living Yoga, Yoga, and INNERgyastics.

FEE: 5 CLASSES/\$25 or 10 CLASSES/\$50



IF YOU HAVE SILVER & FIT, SILVER SNEAKERS, OR RENEW ACTIVE, YOU MAY BE ELIGIBLE TO ATTEND CERTAIN FITNESS CLASSES FOR FREE. LOOK FOR THE HEART ICON FOR ELIGIBLE ACTIVITIES ON PAGES 24-27.

CHECK OUT MORE AQUATIC FITNESS CLASSES ON PAGE 8.

### BETTER BONES & BALANCE

This program is based on research from Oregon State University's Bone Research Laboratory. Classes are to gradually improve balance and strength to avoid falls, maintain independence and reduce the risk of osteoporosis-related fractures. Participants have experienced improved strength, balance, mobility, and reduced bone loss compared to non-exercising participants. We have options for AM and PM classes. **Space is limited; register early.**

Ages: 21+ yrs.

Instructor: Annette Clark

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Apr 1 - 24	M/W	10:15a-11:15a / 1:00p-2:00p	\$40
Apr 29-May 15	M/W	10:15a-11:15a / 1:00p-2:00p	\$30
Jun 3 - 26	M/W	10:15a-11:15a / 1:00p-2:00p	\$35
*No class Jun 19			





## BIKING GROUPS

Join us each week as we explore the endless opportunities that recreational bicycling has to offer. These rides will be easy to moderate around the local area. For more information regarding the **Cranks / Easy Riders Bike Group** and weekly bikes routes, contact Galen McBee at [gmcbee1@gmail.com](mailto:gmcbee1@gmail.com). **Call the Senior Center at 503-435-0407 to verify start time.**

### ~ CRANKS

Ages: 21+ yrs.

Facilitator: Galen McBee

DATES	DAYS	TIME	FEE
<b>DISCOVERY MEADOWS PARK</b>			
Ongoing	M	12:00p	FREE

### ~ EASY RIDERS

Ages: 21+ yrs.

Facilitator: Galen McBee

DATES	DAYS	TIME	FEE
<b>DISCOVERY MEADOWS PARK</b>			
Ongoing	Tu	12:00p	FREE

## CARDIO & FIT

A spin off of the popular Strong & Fit class, Cardio & Fit offers more cardio and fun moves to upbeat music. Participate at your own pace. All equipment is provided.

Ages: 21+ yrs.

Instructor: CB Mason

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Ongoing	M	9:15a-10:00a	\$7 Drop-In

\*No class Feb 19, May 27

## CHAIR YOGA

Chair yoga incorporates modified yoga poses, breathing exercises, and relaxation techniques to improve flexibility, strength, and overall well-being. By focusing on mindful movements and deep breathing chair yoga can help reduce stress, increase circulation, improve posture, and enhance mental clarity. It is suitable for people of all ages and fitness levels providing a convenient and beneficial way to reap the rewards of yoga from the comfort of a chair. It is fun and healthy. **Register in advance; space is limited.**

Ages: 21+ yrs.

Instructor: Isabelle Truchon

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Apr 4-25	Th	9:30a-10:30a	\$30
May 2 - 23	Th	9:30a-10:30a	\$30
June 6 - 27	Th	9:30a-10:30a	\$30

## CLOGGING

Clogging is an energetic form of dance and is a good workout to boot! We dance to many kinds of music including country, gospel, and pop. Prior dance experience is not required to participate. There will not be any formal instruction, just a lot of moving and having fun. Group does not meet the 1st Monday of every month.

Ages: 21+ yrs.

Instructor: Bonnie Mann, Barbara Egan

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Ongoing	M	10:30a - 12:30p	\$3 Drop-In

\* No class on Feb 19, May 27

## FUN & FIT

Increase strength, flexibility, balance and endurance in an energetic way by doing a variety of movements in a circuit training formation. Tools used include kettle bells, step, bosu, hurdles, stability ball, dumb bells, and resistance bands.

Ages: 21+ yrs.

Instructor: Annette Clark

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Ongoing	W	9:00a-10:00a	\$7 Drop-In

\*No class May 22, May 29, Jun 19

## INNERGYSTICS

INNERgystics is a unique workout comprised of a series of focused simultaneous upper and lower body exercises that build lean muscle strength and sculpt the body using light weights. Music and breath help keep the focus on movements that optimize muscle burning and provide an effective aerobic workout. You will enjoy working out! Bring a mat, water, 3 lb weights, and wear sneakers.

Ages: 16+ yrs.

Instructor: Catherine Blosser

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Ongoing	Sa	10:00a-11:00a	\$7 Drop-In

\*No class Mar 16-30, May 18, Jun 22, Jun 29

## JAZZERCISE

A combination of dance cardio and strength training to sculpt and tone your muscles in the ultimate full body workout. For questions or to register, contact [Ashleylynnludwig@gmail.com](mailto:Ashleylynnludwig@gmail.com). **Monthly membership available \$60.**

Ages: 12+ yrs.

Instructor: Ashley Bohanan

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Ongoing	TT	5:30p	\$20 Drop-In
Ongoing	Sa	9:00a	\$20 Drop-in

### PARKINSON'S MOVEMENT

Join us each week in our exercise program designed to address issues and symptoms of Parkinson's Disease. This class includes work in stretching, strengthening, and balance. Time tested movements to improve physical ability. All equipment provided. A wonderful friendly group with plenty of interaction and humor! This class is headed up by longtime local trainer and therapeutic exercise specialist Bill Wilson, in conjunction with Parkinson's Resources of Oregon. Questions, call Parkinson's Resources of Oregon at (503) 594-0901.

Ages: 21+ yrs. Instructor: Bill Wilson

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Ongoing	Th	11:00a-12:30p	Donation

### SENIOR FITNESS

Meet new people and get a low-impact workout where you can move, stretch, and dance. Come join the fun!

Ages: 60+ yrs. Instructor: Bonnie Jepson

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Ongoing	TT	9:30a-10:30a	FREE

### STRONG & FIT

This class is designed to increase flexibility, balance, coordination, agility, muscular strength and cardiovascular endurance. You will progress at your own pace using chairs, resistance bands, body weight and dumbbells. All equipment is provided.

Ages: 21+ yrs. Instructor: Dina Aldred

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Ongoing	TT	9:45a-10:30a	\$7 Drop-In



**get to know.  
grow to love.**

[www.iheartmac.org](http://www.iheartmac.org) 

your city engagement place



### TAI CHI CHUAN

For questions or to register, text Nancy at (503)540-7598 or email [arner@peak.org](mailto:arner@peak.org). **Payment will be made directly to the instructor on the first day of class.**

### ~ CONTINUING TAI CHI

This class is for experienced students who have assessed their commitment to the process and how the practice has enriched their lives. Each class will begin with 15 - 20 minutes of meditation. If desired, bring a yoga mat.

Ages: 18+ yrs. Instructor: Nancy Arner

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Apr 3 - May 8	W	10:15a-11:15a	\$72
May 15 - Jun 19	W	10:15a-11:15a	\$72

### ~ INTRODUCTORY TAI CHI

Introductory Tai Chi will focus on basic skills in both intentional breathing and movement technique, initiating awareness of body alignment and gentle use of joints. Each class will begin with 15 - 20 minutes of meditation. If desired, bring a yoga mat.

Ages: 18+ yrs. Instructor: Nancy Arner

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Apr 3 - May 8	W	11:30a-12:45p	\$84
May 15 - Jun 19	W	11:30a-12:45p	\$84

### YOGA - STRETCH & BALANCE

Yoga stretch & balance is a class for all levels, no prior yoga experience is needed. This class includes a dynamic range of motion, breathing exercises to increase lung capacity and decrease tension, simple exercises to improve balance and standing strength, and stretching to improve flexibility.

Ages: 21+ yrs. Instructor: Antigone Allena

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Ongoing	Tu	9:00a-10:00a	\$7 Drop-In

### YOGA

Enjoy a non-vigorous and relaxing practice. Discover intentional breathing and increased flexibility, develop proper pose alignment and start to rediscover your body.

Ages: 21+ yrs. Instructor: Annette Clark

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Ongoing	M	9:00a-10:00a	\$7 Drop-In

\*No class Feb 19, May 20, May 27

## ZUMBA

Getting and staying fit feels like a party with this international dance workout! No experience or talent necessary. Wear tennis shoes and comfortable clothing; bring a water bottle.

Ages: 12+ yrs.

Instructor: Lindsay Cooper

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Ongoing	TT	6:30p-7:15p	\$7 Drop-In

## ZUMBA GOLD

A lower-intensity version of Zumba, designed to meet the exercise goals of seniors. Come join the dance party on your feet or in your seat! Wear tennis shoes and comfortable clothing; bring a water bottle.

Ages: 21+ yrs.

Instructor: Lindsay Cooper

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Ongoing	F	9:45a-10:30a	\$7 Drop-In



## Personal Support/Health Services

### CAREGIVER RESOURCES

We welcome all family or in-home caregivers of any adult spouse, partners, child, sibling, parent, friend, etc; whether in home or at a facility. We focus on helping the caregiver with resources, knowledge, and support.

Ages: 21+ yrs.

Facilitators: Jill Bates, Laurie Block

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
1st & 3rd	Tu	1:00p-2:30p	FREE

### GRIEF SUPPORT

Brighton Hospice and the Yamhill County Older Adult Behavioral Health Specialist invite you to a grief support group that will provide you an open forum to share your experiences, give you an opportunity to talk, share stories, and help you learn ways to cope with your grief/loss with others who have experienced it.

Ages: 21+ yrs.

Facilitators: Brighton Hospice

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 21	Th	2:00p-3:00p	FREE
Apr 18	Th	2:00p-3:00p	FREE
May 16	Th	2:00p-3:00p	FREE
Jun 20	Th	2:00p-3:00p	FREE

### BLOOD PRESSURE CHECKS

A volunteer retired nurse will be available to monitor blood pressure readings.

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Ongoing	W	10:00a- 11:00a	FREE

### SOCIAL NETWORKS / COFFEE HOUR

Join us for a sweet treat, hot coffee or tea and great conversation with old and new friends.

Ages: 21+ yrs.

Host: Hello Care

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Ongoing	Tu	10:00a-11:00a	FREE

Ages: 21+ yrs.

Host: Give a Little

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Ongoing	W	10:00a-11:00a	FREE

## Sports/Movement

### GYMNASTICS

Visit [bit.ly/macgymnastics](http://bit.ly/macgymnastics) or call (503) 434-7310 for the Gymnastics Schedule.

*Instructors: Jeanna, Emily, Emma, Abri, and Grace*

**Registration Dates: Tues, Feb 20; Tues, Mar 19; Tues, Apr 16; Tues, May 21; Tues, Jun 18. Registration starts at 9:00am.**

**TINY CRAWLERS:** Come socialize with other parents/caregivers and children who are learning to walk in a fun safe environment (for kids crawling or very new to walking). Ages 6 months-18 months.

**PARENT-CHILD MOVEMENT:** Get moving with your child, ages 1-3, in this exploratory based gymnastics class!

**PRESCHOOL GYMNASTICS:** This is a perfect introductory class for those interested in a new activity or progressing their gymnastics abilities. Ages 3-5.

**PREP GYMNASTICS:** This class is ideal for gymnasts transitioning from Preschool Gymnastics into Levels 1-3. This class will also help gymnasts (ages 6-7) who have never taken class or who have no gymnastics experience like forward roll, handstand, and cartwheel. Ages 5-7.

**LEVELS 1-3 GYMNASTICS:** Through the use of tumbling aids, drills, and games, students will learn and continue to progress their skill work. Ages 6-10.

**YOUTH GYMNASTICS:** Mixed level class for students ages 10+. All levels of experience welcome.

**INTERMEDIATE:** Through the use of training aids and drills, students will revisit/continue to progress their skills. Instructor Approval Required.

**ADVANCED TUMBLING:** This advanced class is for students who have progressed to higher level of skill. Students must show a mastery of all beginning and intermediate tumbling skills. Instructor Approval Required.

**ADAPTIVE GYMNASTICS:** Through the use of training aids, this class will focus on balance, confidence, and fun in a safe environment! This class will require an accommodation request form to be filled out so class can be tailored to specific needs. Ages 6-16.

### GYMNASTICS BIRTHDAY PARTIES!

**Interested in a Gymnastics Birthday Party for your kiddo ages 3-6?** Visit our website or give us a call for more info.

### DANCE

Visit [bit.ly/MacDance](http://bit.ly/MacDance) or call (503) 434-7310 for schedule.

*Instructor: Emily*

**Registration Dates: Tues, Feb 20; Tues, Mar 19; Tues, Apr 16; Tues, May 21; Tues, Jun 18. Registration starts at 9:00am.**

**CREATIVE MOVEMENT DANCE:** Learn basic ballet movement in a positive and fun environment. Technique is taught through creative dances and imagination. Ages 3-5.

**ADAPTIVE RHYTHM AND MOVEMENT DANCE:** This adaptive dance class will focus on balance, flexibility, musicality, body awareness, and rhythm in a fun, low stress environment. This class will require an accommodation request form to be filled out so class can be tailored to specific needs. Ages 6-16.

### AREA YOUTH SPORTS

#### McMinnville Junior Baseball Organization:

[macjbo.com](http://macjbo.com)

email: [president@macjbo.com](mailto:president@macjbo.com)

#### McMinnville Mat Club (wrestling)

[www.macmatclub.com](http://www.macmatclub.com) 971-241-2525

#### McMinnville Soccer Club:

[mcminnvillesoccerclub.com](http://mcminnvillesoccerclub.com)

email: [mcminnvillesoccerclub@gmail.com](mailto:mcminnvillesoccerclub@gmail.com)

#### McMinnville Track Club:

[mcminnvilletrackclub.com](http://mcminnvilletrackclub.com)

email: [presidentmactrack@gmail.com](mailto:presidentmactrack@gmail.com) 971-237-5305

#### West Valley Rams Rugby Club (boys)

email: [john.mead@solid-carbon.com](mailto:john.mead@solid-carbon.com) 971-237-0338

#### Valley Panthers Rugby Club (girls)

[valleypanthers.carrd.co](http://valleypanthers.carrd.co)

email: [valleypanthersrugbyclub@gmail.com](mailto:valleypanthersrugbyclub@gmail.com)

## YOUTH SPORTS REGISTRATION INFO

LEAGUE	REGISTRATION OPENS / CLOSES
2024 Spring Soccer . . . . .	Dec 1, 2023 / Feb 10, 2024
2024 Baseball/Softball . . . . .	Mar 1 / April 24
2024 Fall Soccer . . . . .	July 1 / Aug 14
2024-25 Basketball . . . . .	Sept 3 / Oct 16



### START SMART PARENT & CHILD SOCCER

This 6-week Parent & Child soccer class will teach children the basics skills of soccer including kicking, trapping, dribbling, and running. Children will develop their skills in a fun environment. **Limited spots available.**

Ages: 3-5 yrs. *Instructor: Parks and Recreation Staff*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Apr 1-May 6	M	5:15p-6:00p	\$45/\$55
Apr 5-May 10	F	5:15p-6:00p	\$45/\$55
Apr 6-May 11	Sa	3:15p-4:00p	\$45/\$55

### YOUTH SOCCER K-6TH GRADE SPRING LEAGUES

Get ready to play! Practices scheduled by volunteer coaches. Those that played in the fall will be placed with their fall teams using the same jerseys, and new players will be added to teams with space or assigned to a new team. All games in this 8-game season will be played at Joe Dancer Park. Separate leagues by grade for boys and girls. Leagues may be combined depending on registration numbers. **Registration opens Dec 1, deadline Feb 10. Coaches' meeting will take place on Feb 28.**

Ages: K-6th grade *Instructor: Volunteer Coaches/Parks & Rec Staff*

DATES	DAYS	FEE
<b>JOE DANCER PARK</b>		
Mar 16-May 11	Weeknights/Saturdays	\$60/\$70

### START SMART PARENT & CHILD TBALL

This 6-week Parent & Child basketball class will teach children the basics skills of tball including throwing, catching, batting, and running. Children will develop their skills in a fun environment. **Registration opens Mar 1.**

Ages: 3-4 yrs. *Instructor: Parks and Recreation Staff*

DATES	DAYS	TIME	FEE
<b>JOE DANCER PARK</b>			
Jun 3-Jul 8	M	5:15p-6:00p	\$45/\$55
Jun 7-Jul 12	F	5:15p-6:00p	\$45/\$55

### ADAPTIVE BASEBALL/SOFTBALL

Practice sessions and games for youth softball/baseball players with disabilities.

Ages: 7-18 *Instructor: Staff and volunteers*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Apr 7-May 5	Su	3:15p-4:30p	\$40/50

### YOUTH T-BALL/COACH-PITCH FOR PRE-K AND KINDERGARTEN (COED)

Join our T-Ball (pre-K) or Coach-Pitch (Kindergarten) league! Teams will be coed for both leagues. All games in this 8-game season will be played at Joe Dancer Park. **Registration opens March 1 and the deadline is April 24.** Coaches meeting will take place May 15, and games begin June 1. Players will be contacted by coaches after May 15.

Ages: Pre-K and Kindergarten  
*Instructor: Volunteer Coaches/Parks & Rec Staff*

DATES	DAYS	FEE
<b>JOE DANCER PARK</b>		
Jun 1-Jul 27	Weeknights/Saturdays	\$60/\$70

### YOUTH SOFTBALL 1ST-8TH GRADE

Join our recreation softball league! Separate leagues for 1st-2nd grade (Rookies), 3rd-4th-5th grade (Majors), and 6th-7th-8th grade (Middle School). All games in this 8-game season will be played at Joe Dancer Park (possible Sherwood games for Middle School). **Registration opens March 1 and the deadline is April 24.** Coaches meeting will take place May 14, and games begin June 1. Players will be contacted by coaches after May 14.

Ages: 1st-8th grade *Instructor: Volunteer Coaches/Parks & Rec Staff*

DATES	DAYS	FEE
<b>JOE DANCER PARK</b>		
Jun 1-Jul 27	Weeknights/Saturdays	\$80/\$90

### YOUTH BASEBALL 1ST-6TH GRADE

Join our recreation baseball league! Separate leagues for 1st grade (Rookies), 2nd-3rd grade (Minors), and 4th-5th-6th grade (Majors). All games in this 8-game season will be played at Joe Dancer Park. **Registration opens March 1 and the deadline is April 24.** Coaches meeting will take place May 13, and games begin June 1. Players will be contacted by coaches after May 13.

Ages: 1st-6th grade *Instructor: Volunteer Coaches/Parks & Rec Staff*

DATES	DAYS	FEE
<b>JOE DANCER PARK</b>		
Jun 1-Jul 27	Weeknights/Saturdays	\$80/\$90

### VOLLEYBALL SKILLS AND DRILLS

Practice your volleyball skills during this 4-week class! Improve your serving, passing, and defensive skills through games, activities, and drills. All skill levels welcome.

Ages: 3rd-5th grade *Instructor: Volunteer Coaches/Parks & Rec Staff*

DATES	DAYS	TIME	FEE
<b>WILLAMETTE ELEMENTARY SCHOOL</b>			
Feb 14-Mar 20	W	5:45p-7:00p	\$45/\$55



Check out all of our fun activities at:  
[www.mcminnvilleoregon.gov/parksrec](http://www.mcminnvilleoregon.gov/parksrec)

### MARTIAL ARTS

Classes will help students develop confidence, mental focus, physical conditioning, and self-defense skills while working through basic stances, movement, kicks, punches, and techniques for the art of Kempo Karate.

*Ages: Tiger Cubs-6-8 yrs., Junior Ninjas-9-12 yrs.*

*Instructor: Joanne Vatore*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
<b>Tiger Cubs</b>			
Mar 4-Apr 10	M/W	4:00p-4:45p	\$60/\$72
May 6-Jun 12*	M/W	4:00p-4:45p	\$55/\$66
<b>Junior Ninjas</b>			
Mar 4-Apr 10	M/W	5:00p-6:00p	\$75/\$90
May 6-Jun 12*	M/W	5:00p-6:00p	\$69/\$83

\*No class May 27

### WOMEN'S SELF-DEFENSE WORKSHOP

Learn the basic concepts of personal protection, awareness development, and practical self-defense techniques for a variety of situations all in a safe environment. This workshop includes hands-on training to help develop the essential tools for self-defense. Participants should wear comfortable athletic clothing.

*Ages: 12+ yrs.*

*Instructor: Joanne Vatore*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Feb 10	Sa	1:00p-2:30p	\$20/\$24

### PICKLEBALL CLINICS & DRILLS

Learn the basics, practice your skills, and get ready to play some pickleball! Paddles available to use. Saturday Drills practice is open to all levels and participants will be practicing all pickleball shots. **Pre-registration is required.**

*Ages: 8+ yrs.*

*Instructor: Tim Gardner*

CLASS	DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>				
Beginner	Feb 7	W	6:00p-7:30p	\$15/\$18
Drills	Feb 17	Sa	10:30a-12:00p	\$15/\$18
Beginner	Mar 6	W	6:00p-7:30p	\$15/\$18
Drills	Mar 16	Sa	10:30a-12:00p	\$15/\$18
Intermediate	Mar 20	W	6:00p-7:30p	\$15/\$18
Beginner	Apr 10	W	6:00p-7:30p	\$15/\$18
Intermediate	Apr 17	W	6:00p-7:30p	\$15/\$18
Drills	Apr 27	Sa	10:30a-12:00p	\$15/\$18
Beginner	May 8	W	6:00p-7:30p	\$15/\$18
Intermediate	May 22	W	6:00p-7:30p	\$15/\$18
Beginner	Jun 12	W	6:00p-7:30p	\$15/\$18

### DROP-IN ADULT VOLLEYBALL

Drop-in volleyball for all levels of play.

*Ages: 18+ yrs.*

DATES	DAYS	TIME	FEE
<b>DUNIWAY MIDDLE SCHOOL B GYM</b>			
Feb 18-Mar 31	Su	12:00p-2:30p	\$4 drop-in

### ADULT COED VOLLEYBALL

Games are played on Monday and Wednesday evenings. Online registration, blank rosters and information sheets are available at [bit.ly/mcminnvillesports](http://bit.ly/mcminnvillesports). Registration deadline is March 16. After March 16, teams will be added only if there is room.

*Ages: 18+*

DATES	DAYS	FEE
<b>DUNIWAY MIDDLE SCHOOL</b>		
Apr 1-May 22	MW	\$200/team

### OVER 30 BASKETBALL

Drop-in pickup basketball games for players ages 30 and older.

*Ages: 30+ yrs.*

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE COMMUNITY CENTER</b>			
Ongoing	TT	7:00p-8:30p	\$4 drop-in

### ADULT BASKETBALL

Teams will play 8 regular season games, plus a single elimination tournament at the end of the season. **Fees and completed rosters must be turned in to the Community Center by March 16.** Roster forms and information sheets are available at the community center beginning Feb 1st.

*Ages: 18+*

DATES	DAYS	FEE
<b>DUNIWAY MIDDLE SCHOOL</b>		
Apr 2-May 23	TT	\$720/team

### ADULT COED SOFTBALL

Teams will play 10 games. All games will be played at Joe Dancer Park on Sundays with start times between 1:00 pm and 6:30 pm. Register and pay fees online or at the Community Center, email roster completed roster to [steve.ganzer@mcminnvilleoregon.gov](mailto:steve.ganzer@mcminnvilleoregon.gov). The league is limited to 20 teams. **Registration deadline is May 24.**

*Ages: 16+*

DATES	DAYS	FEE
<b>JOE DANCER PARK</b>		
Jun 9-Aug 18	Sunday	\$625/team

## COMMUNITY CENTER DROP-IN ACTIVITIES

Call (503)434-7310 for Drop-in basketball, track, pickleball, ping pong, futsal, and racquetball information, or check online at [mcminnvilleoregon.gov/communitycenter](http://mcminnvilleoregon.gov/communitycenter)



## Storytime/Reading

### BOOK DISCUSSION GROUP

Love reading books and talking about them? The group is open to anyone wishing to attend. Simply read the book and show up for the discussion. Meetings occur on the second Wednesday of each month. Copies of the month's book selection are available at the Public Library circulation desk while supplies last. For more information, email: [Diane.McMillen@mcminnvilleoregon.gov](mailto:Diane.McMillen@mcminnvilleoregon.gov)

Ages: 21+ yrs

Facilitator: Diane McMillen

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 13	W	2:00p	FREE
Apr 10	W	2:00p	FREE
May 8	W	2:00p	FREE
Jun 12	W	2:00p	FREE

### POETRY NIGHT

Join us at the McMinnville Public Library for a poetry reading by a featured published poet, followed by an open mic by the audience. Event will start at 6pm on the second Thursday of the month. Check the web calendar for details at [bit.ly/mcmlibcal](http://bit.ly/mcmlibcal). Contact Courtney Terry at 503-435-5554.

Ages: 21+ yrs

Facilitator: Courtney Terry

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE PUBLIC LIBRARY</b>			
Mar 14	Th	6:00p	FREE
Apr 11	Th	6:00p	FREE
May 9	Th	6:00p	FREE
Jun 13	Th	6:00p	FREE



### SHUFFLEBOARD

Drop-in for an afternoon of indoor shuffleboard fun. No experience is needed and all equipment is provided.

Ages: 21+ yrs.

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Ongoing	Th	11:00a-3:30p	\$1

### SHUFFLEBOARD TOURNAMENT

Register in advance for this friendly competition.

Ages: 21+ yrs.

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE SENIOR CENTER</b>			
Mar 28	Th	1:00p-4:00p	\$1
Apr 25	Th	1:00p-4:00p	\$1
May 30	Th	1:00p-4:00p	\$1
Jun 27	Th	1:00p-4:00p	\$1

### READ TO A DOG

Kids learning to read and older are invited to spend ten minutes reading to a dog. In partnership with therapy dogs from the *Paws for Love Therapy Dogs* non-profit. **Sign up in the library Children's Room, or call to reserve your spot (503) 435-5559.**

Suggested Ages: 4-9 years

Facilitator: Paws for Love

DATES	DAYS	TIME	FEE
<b>MCMINNVILLE PUBLIC LIBRARY</b>			
Mar 16	Sa	10:30a	FREE
Apr 20	Sa	10:30a	FREE
May 18	Sa	10:30a	FREE

### SOCIAL AWARENESS BOOK AND MOVIE DISCUSSION GROUP

Drop-in to participate in a discussion of a book or movie that explores social and cultural ideas and struggles. Book and movie titles announced 4-6 weeks prior to the discussion. Reading the book or watching the movie not required to participate in the discussion facilitated by a Licensed Clinical Social Worker. Program occurs on the fourth Tuesday of the month.

Ages: 21+ Facilitator: Gail Quenneville

DATES	DAYS	TIME
<b>MCMINNVILLE PUBLIC LIBRARY</b>		
Mar 26	Tu	6:00p
Apr 23	Tu	6:00p
May 28	Tu	6:00p
Jun 25	Tu	6:00p

### SPRING BREAK FAMILY STORYTIME

Join us for an all-ages family storytime. Please choose one time to attend. These 25-minute sessions will conclude with bubbles.

Ages: birth – 6 yrs

Instructor: Library Staff

DATE	DAYS	TIME
<b>MCMINNVILLE PUBLIC LIBRARY</b>		
Mar 27	W	9:30a
Mar 27	W	10:30a

### SPRING STORYTIMES

Spring session occurs April 2 – May 25. All storytimes are free. Come to the program that best suits your family! Older/younger siblings are always welcome. Outdoor family storytimes will begin in late June.

Ages: birth – 6 yrs

Instructor: Library Staff

AGE	DAYS	TIME
<b>MCMINNVILLE PUBLIC LIBRARY</b>		
Preschool (3-5 yrs)	Tu	10:30a
Wobbler (13-20 mos)	W	9:30a
Toddler (18mos – 3 yrs)	W	10:30a
Baby (0-12 mos)	Th	10:30a
Spanish-Bilingual	F	10:30a
Family	4th Sa	10:30a

### READ & DINE

Read a novel written by a BIPOC (Black, Indigenous, Person of Color) author and enter to win a gift certificate to a local restaurant. Pick up a raffle card at the information desk at the library. **The program runs April 16, 2024 – May 17, 2024.** Must finish the book by the end of the program to be eligible to win.

Ages: Teens and Adults

## Tiny Tots Indoor Playspace



**Mon-Thurs 9:00a-6:30p**  
**Fri-Sat 9:00a-2:30p**  
**Ages 0-5**  
**\$7 drop-in, Punch Card or Membership options**

**McMinnville Community Center**  
**600 NE Evans St**

## DO YOU WANT TO BE A SPONSOR?

- Opportunities for businesses and organizations to be involved
- Give back to your community
- Help provide meaningful activities for all ages!

**LEARN MORE** ➤



For more information visit:  
[bit.ly/mcminnvillesponsor](https://bit.ly/mcminnvillesponsor)