

# McMinnville Parks and Recreation Youth Basketball

## LEAGUE RULES

1. Teams consist of 8-10 players.
2. 4 leagues: boys 2<sup>nd</sup>-3<sup>rd</sup>; girls 2<sup>nd</sup>-3<sup>rd</sup>; boys 4<sup>th</sup>-5<sup>th</sup>, girls 4<sup>th</sup>-5<sup>th</sup>.
3. Team selections by league officials.
4. All players must wear team shirt during games (first team listed on the schedule wears red) and wear appropriate court shoes.
5. Games consist of 4 ten minute quarters with a running clock. Two 30 second time-outs per team per game. 2 minute break between after 1<sup>st</sup> and 3<sup>rd</sup> quarters, and 5 minute break after the 2<sup>nd</sup> quarter.
6. **Playing time:** each player present will play at least half of the game and have playing time in each period. Substitutions will be made at the 5 minute mark of each quarter. Every player on the bench will be substituted every 5 minutes. Referees or league officials reserve the right to substitute players properly when a player's playing time inequity is seen.
7. Teams will play a 'man to man' defense. **2<sup>nd</sup>/3<sup>rd</sup> grade leagues - players will wear colored wristbands and will match up defensively with the player on the opposing team wearing the same-colored wristband.**
8. No full court press. No backcourt defense or steals. No zone defense. In half court man-to-man defense, a player can play help defense when the primary defender is beat. Once the primary defender recovers, the help defender must return to their offensive player.
9. All offensive inbounds will be taken from the sideline, near mid-court (no inbounding the ball from under the basket for the offensive team).
10. Fifteen second backcourt rule-Ball must cross the midcourt line within 15 seconds of the change of possession or after in-bounding the ball after a basket. (We are VERY lenient with this rule.)
11. Continued or aggravated fouls may result in a player's 'time-out' or dismissal from the game. Any unsportsmanlike behavior may result in a player's, coach's, or spectator's ejection. Any person ejected from a contest must leave the gym immediately. The recreation department will not recognize protests.
12. Jump balls at the beginning of each half. All other jump ball situations are alternating side outs.
13. No official scores or standings are kept.
14. Nine foot baskets and 12 foot free throws for 4<sup>th</sup>-5<sup>th</sup> grade boys and girls, 28.5" ball. Eight foot baskets and 10 foot free throws for 2<sup>nd</sup>-3<sup>rd</sup> grade boys and girls, 27.5" ball.
15. For more information please contact McMinnville Parks and Recreation at 434-7310. Game cancellation information: 434-7368  
<https://www.mcminnvilleoregon.gov/parksrec/page/sports-rain-outinclement-weather-information>

# **MCMINNVILLE PARKS AND RECREATION DEPARTMENT**

## **YOUTH BASKETBALL LEAGUE**

The McMinnville Parks and Recreation Department, its volunteers and coaches hope your child has a positive and meaningful experience in our Youth Basketball League. Our objectives are to provide an opportunity for all players to play a team sport that fulfills their need for physical, mental and social development. We hope to promote the concepts of good sportsmanship, fair play and teamwork in a recreational sports program as well as develop fundamental basketball skills. In doing this we hope to provide an atmosphere of fun and enjoyment for both participant and volunteer adults.

We support the 'positive approach to coaching,' a technique characterized by a liberal use of reward and encouragement. All coaches and parents are encouraged to maintain this approach keeping in mind that desirable behaviors can be strengthened by motivation, as opposed to a negative approach which attempts to eliminate negative behaviors using punishment and criticism. In all recreation programs we encourage: A) Keeping winning in a healthy perspective; B) Knowing that winning isn't everything nor the only thing; C) That success and failure need not be associated with winning and losing but should be associated with striving for victory and giving best efforts.

The Volunteer Coach occupies a key position. Without their help this program would not exist. We suggest that during the course of the season their efforts be recognized by both parents and players as a valuable contribution. Please remember during games that referees and coaches deserve your respect and cooperation. Treating officials with respect and tolerance for mistakes will assist players with sportsmanship behavior. Also note that good and bad breaks eventually even out. Booing and catcalls are not allowed, and instead we encourage you to cheer and applaud not only good performances but also displays of effort from either team.

We do not approve of parents or coaches forming their own teams in an effort to tip the competitive balance. Understanding that carpooling is often a necessity we allow petitions for players to be pooled together whenever it benefits the league as well as the participants. Players will be placed on teams on a first come, first served basis and if a team is full, the player will be placed on another team. Our intention is to give all the players a fair opportunity to play and learn basketball fundamentals. Rules and regulations for all leagues are on the backside. All parents must read and sign the PARENT CODE OF CONDUCT on the registration form. With comments and/or evaluations please contact the Recreation Department office by calling 503-434-7310.